



Fire Fighter's Safety Guide 2011



"Protect your Family
from Fire!"
October 9-15, 2011

Your name:



MESSAGE FROM THE HAWAII STATE FIRE COUNCIL (SFC)

Aloha! The SFC is pleased to announce the 26th edition of the Fire Fighter's Safety Guide (FFSG).

Each year, the state of Hawaii's four county fire departments collaborate to distribute the FFSGs to elementary school students. This consistent, statewide effort is unique to Hawaii and contributes to our state having among the lowest rates of fire deaths and injuries.

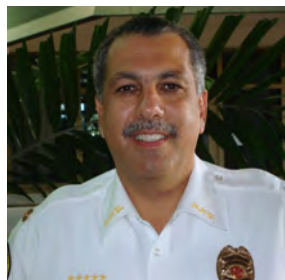
This year's FFSG promotes the 2011 Fire Prevention Week theme, "Protect Your Family From Fire!" Each year, nearly 3,000 people die in the U.S. as a result of home fires. This year's theme is about keeping you, your family, and your community safe from fire.

The FFSG was developed for the whole family. It helps you and your child learn about home safety with lessons on fire prevention, smoke alarms, fire escape planning, and many other fire safety tips. Please review and practice the lessons in the FFSG with your child. By returning the signed Junior Fire Fighter Pledge, your child will receive valuable coupons.

Thank you for your participation!



Kenneth G. Silva
KENNETH G. SILVA
Chair
Honolulu Fire Department
Fire Chief



Darryl J. Oliveira
DARRYL J. OLIVEIRA
Vice Chair
Hawaii Fire Department
Fire Chief



Jeffrey A. Murray
JEFFREY A. MURRAY
Member
Maui Fire Department
Fire Chief



Robert F. Westerman
ROBERT F. WESTERMAN
Member
Kauai Fire Department
Fire Chief

Contents

2

Page 1.....	Message from the Hawaii State Fire Council (SFC)
Page 2.....	Contents
Page 3.....	Instructions
Page 4.....	Reporting an Emergency
Page 5.....	Matches and Lighters
Page 6.....	Kitchen Safety
Page 7.....	Fire Extinguishers
Page 8.....	Install and Maintain Smoke Alarms
Page 9.....	Fire Escape Checklist (Sparky Escape Maze)
Page 10.....	Plan Your Escape Route
Page 11.....	Stay Low
Page 12.....	Stop, Drop, and Roll
Page 13.....	Outdoor Fire Hazards
Page 14.....	Student Safety Quiz

Look for
"Family Activities"
that can help to keep
your family safe!



Go To:
FirePreventionWeek.org



Protect Your Family From Fire

October 9–15, 2011 • It's Fire Prevention Week





Instructions

Students: Help your family prevent fires and prepare for emergencies by completing this safety guide. You can work on these activities with your parents and classmates. Be sure to sign the Junior Fire Fighter Pledge on the back cover and return it to your teacher to receive coupons for fun treats. Work hard and have fun!

Teachers: It is important that children learn about fire safety and emergencies. Please review this safety guide and discuss the topics in the classroom. Assist your students with the completion of this safety guide and be sure to sign the Junior Fire Fighter Pledge on the back cover so your students can receive fun coupons.

Parents: Review this safety guide with your children and practice fire safety at home. This will reinforce good safety habits and make your home safe for everyone. Thank you for helping your child prepare for emergencies.



Reporting an Emergency

4

Children as young as age three have saved the lives of family members by calling **911**. Children should understand what an emergency is and when to call.



Draw a line from the emergency responder to the job that they do.

FIRE

POLICE

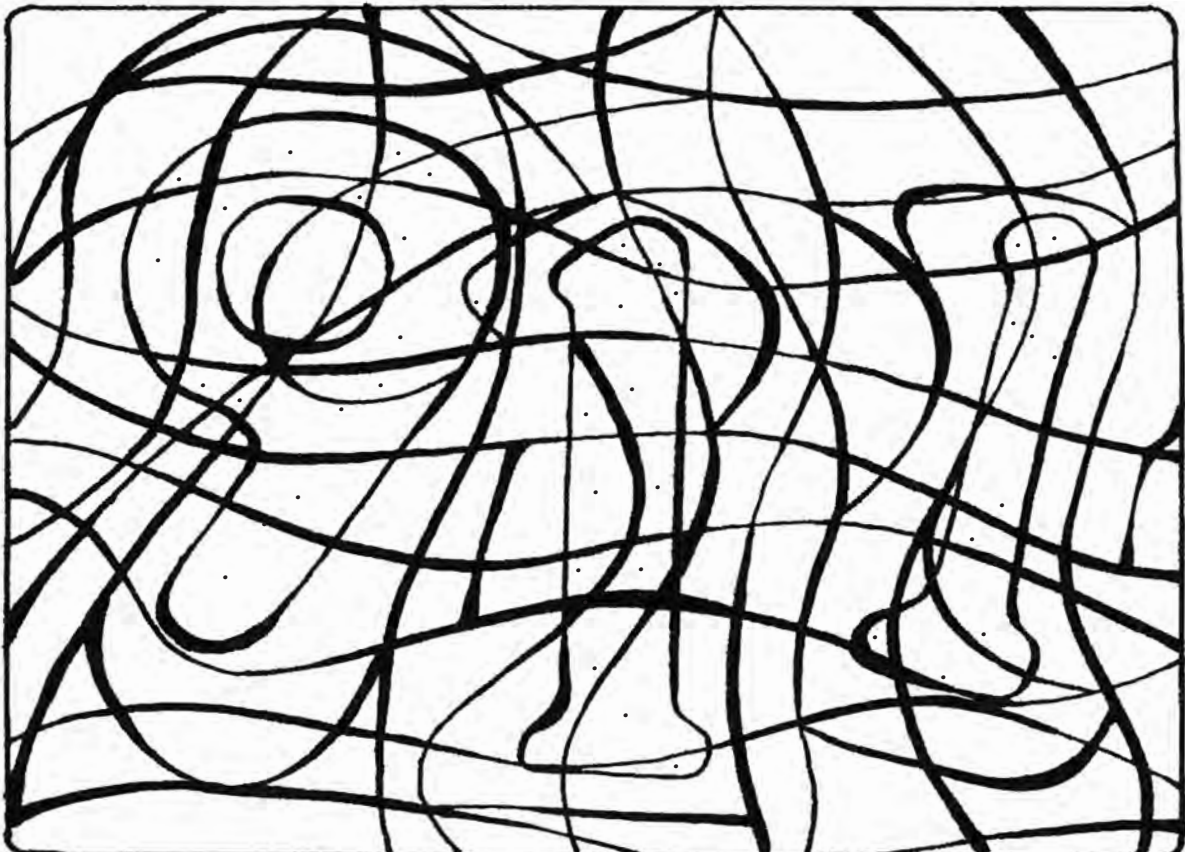
AMBULANCE

Ask for them if someone is injured, sick, can't talk, or won't wake up.

Ask for them if you or someone else is in danger or feel threatened.

Ask for them if you see smoke or flames from a house, in the brush, or on a hillside.

Color each space that has a dot.



Matches and Lighters

Matches and lighters are very dangerous and can hurt children who play with them.

If you find matches or lighters, leave them alone and tell a responsible adult.

You should NEVER play with matches or lighters. They are tools--not toys.



Fill in the missing letters below to break the code and uncover an important message.

M_ tches and _ ighters ar_ adult to _ls and are not _afe
1 2 3 4 5

for c_ildren. Use flashlights when the power is out.
6

Candles are _angero_s and all big fi_es start s_all.
7 8 9 10

Spar_y says, "Ha_e a safe day!"
11 12

1 2 2 6 4 10 3 5 5 6 4 8 2 7 6 1 12 3

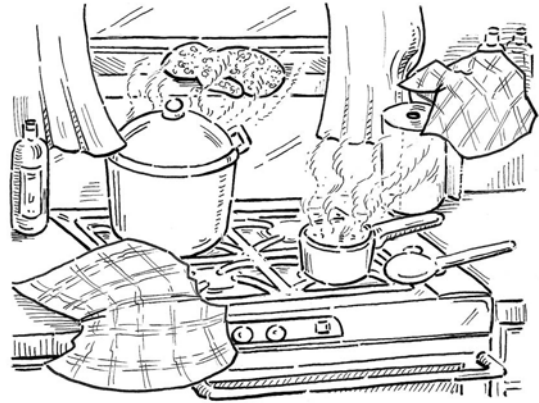
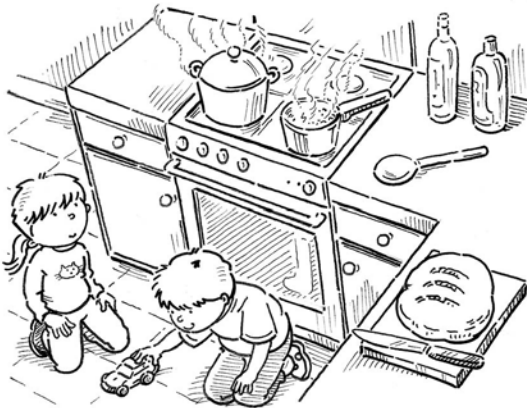
5 10 4 11 3 1 2 1 9 10 5 .

Answer: All homes should have smoke alarms.

Kitchen Safety

6

Circle and color the picture(s) that shows proper kitchen safety.



1. Prevent accidents by creating a kid-free zone of at least three feet around the stove/oven and counter tops.
2. Turn pot and pan handles inward and away from the edge of the stove.
3. Don't store things on the stovetop.
4. Use a lid to smother small grease/oil fires in pots or pans. Never use water to put out a grease/oil fire!
5. Keep kitchen appliances well maintained.
6. Don't overload outlets.
7. Replace frayed, cracked, and exposed wires.
8. Don't run electrical cords underneath rugs.
9. Unplug small appliances when not in use.
10. Never leave cooking unattended.



Fire Extinguishers

Fire extinguishers should be visible and easily accessible.

To use an extinguisher, remember

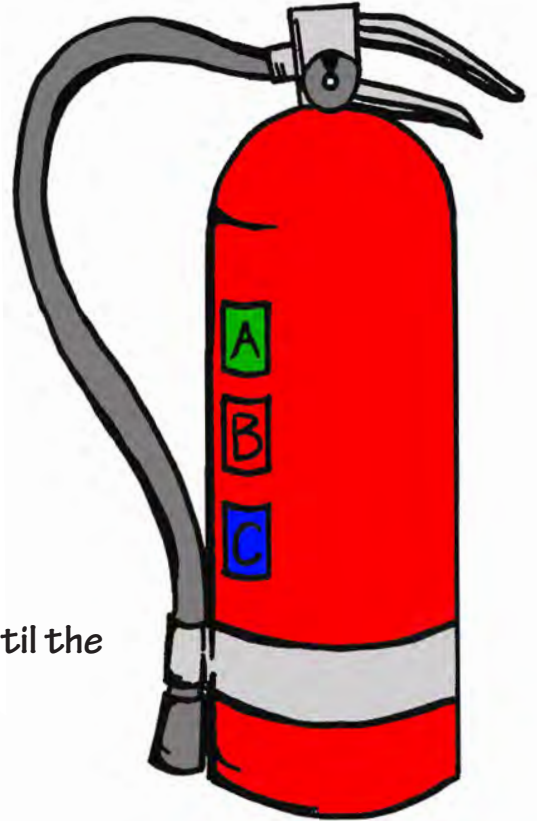
P-A-S-S

Pull the pin.

Aim at the base of the fire.

Squeeze the top handle down to discharge.

Sweep the nozzle slowly from side to side until the flames go out.



If the fire is too big or if you have any doubts, get out and call 911!

Color the fire extinguisher.



Family Activity:
Count how many fire extinguishers you have in your house.

Install and Maintain Smoke Alarms **8**

Smoke alarm checklist:

- | | Yes | No |
|--|--------------------------|--------------------------|
| 1. There is a smoke alarm in every room of my house, except for the kitchen and bathrooms. | <input type="checkbox"/> | <input type="checkbox"/> |
| 2. We test the smoke alarms once a month. | <input type="checkbox"/> | <input type="checkbox"/> |
| 3. We change the batteries once a year. | <input type="checkbox"/> | <input type="checkbox"/> |
| 4. Our smoke alarms are less than ten years old. | <input type="checkbox"/> | <input type="checkbox"/> |
| 5. Our family knows to “get out and stay out” if the smoke alarm is activated. | <input type="checkbox"/> | <input type="checkbox"/> |



Word search activity:

There are 20 fire safety words hidden in this puzzle. Find and circle them.

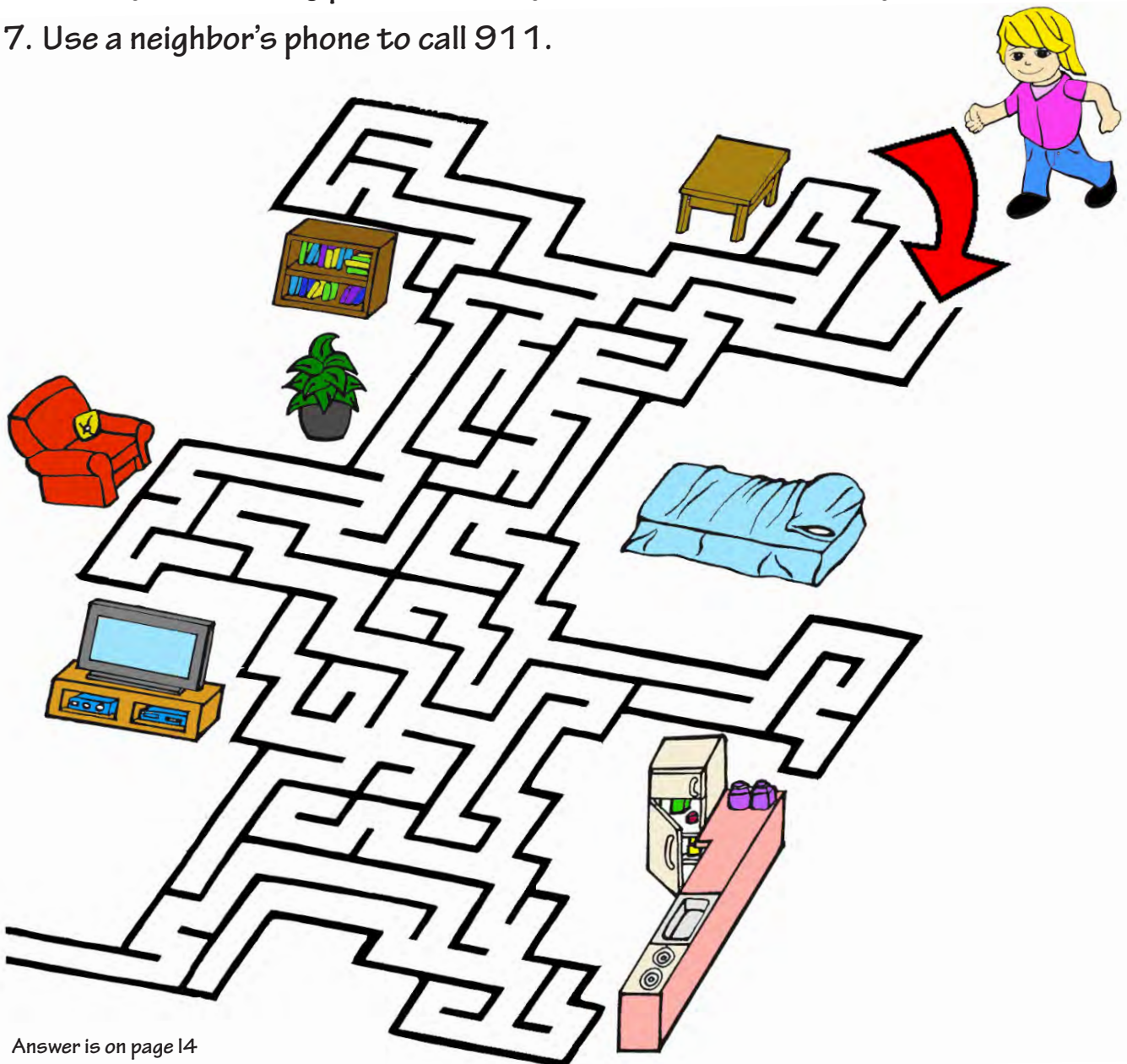
Mask	Hazard
Hose	Address
Fire Safety	Smoke
Escape	Detector
Meeting Place	Roll
Fire Fighters	Crawl
Stop	Extinguisher
Drop	Rescue
Phone	Flammable
Drill	Axe

A N O K S A M P H I J N O S V
 Z B R Q S M P Q R E K L U T Y
 A H C E F F I R E S A F E T Y
 T U O D G W H I J C A B C N Z
 V C D S E B F G E A D K L O M
 B P M E E T I N G P L A C E N
 F I R E F I G H T E R S Q T S
 S W A X E Q F R S O P O R U V
 T X D T T Y D G L W S M O K E
 O Y R I U W R L H X I J K L M
 P H O N E C A D E T E C T O R
 X Y P G A B Z Y Z N I O P Q R
 D A M U D G A H S C R A W L A
 R B L I E F H T U V W J X Y Z
 I K C S S E R D D A B C K D E
 L I D H K F N L M O G D R L T
 L E J E G J R E S C U E S U M
 G F H R I H F L A M M A B L E

9

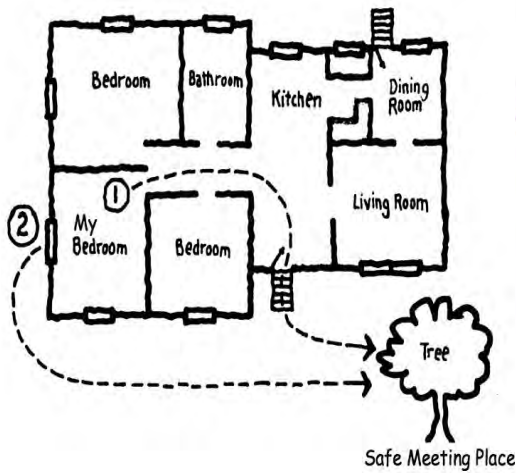
Fire Escape Checklist (Sparky Escape Maze)

1. Plan two or more escape routes from every room.
2. Feel closed doors with the back of your hand for heat. If the door is cool, continue.
3. Close doors behind you to prevent the fire from spreading.
4. Plan two or more escape routes from your home.
5. Get out and stay out!
6. Go to your meeting place outside your home. Be sure everyone is safe.
7. Use a neighbor's phone to call 911.



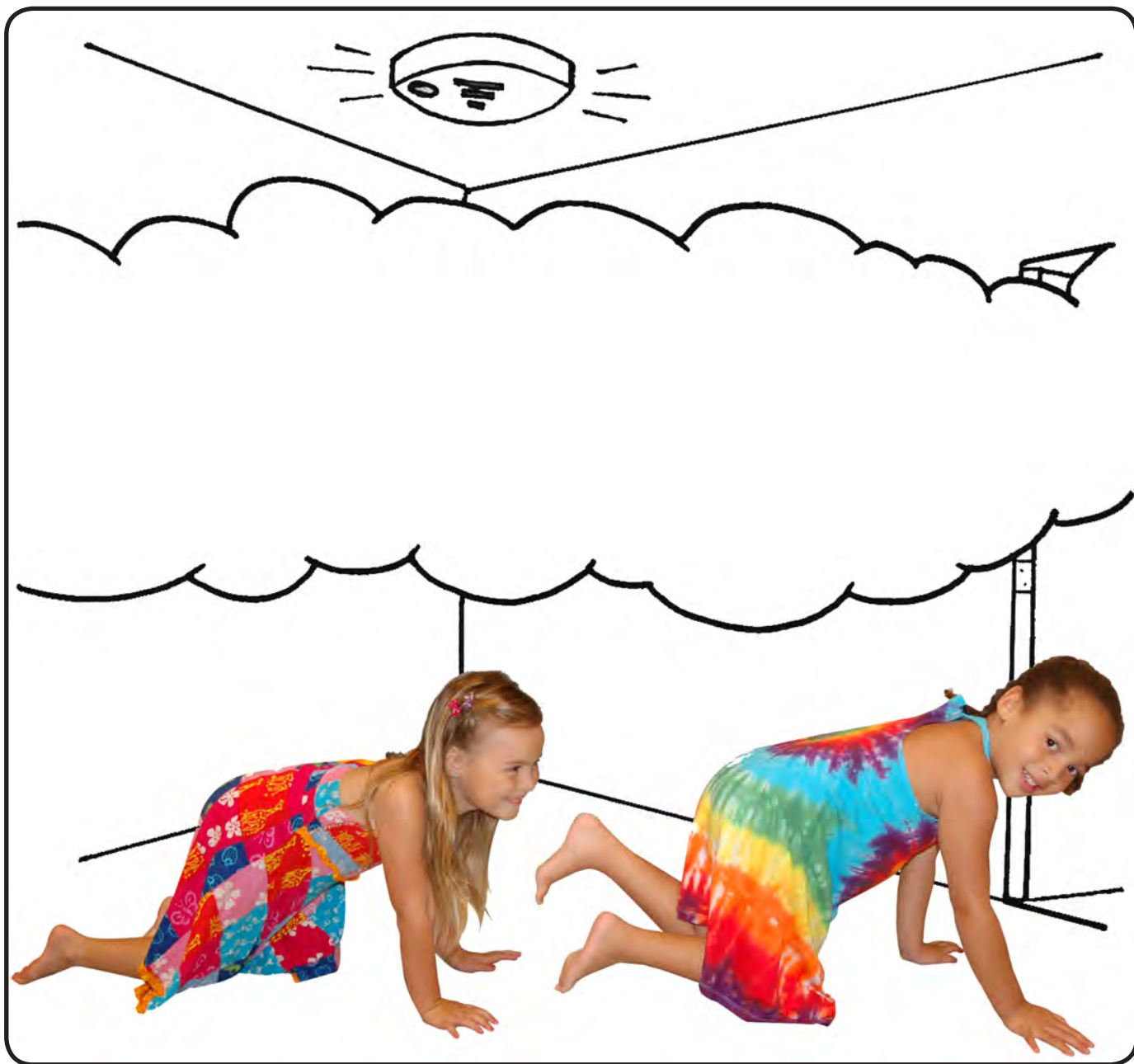
Plan Your Escape Route

10



Family Activity:
Review and
practice the plan
with your
parents.

Fires are scary and confusing. They can be loud and hot, burn very fast, and the smoke can make a room or home very dark. It helps to have a plan so you will know what to do to get out of your home.



If you must escape and there is a lot of smoke:

- Stay low to the floor.
- Crawl on your hands and knees.

Smoke rises during a fire, and the safest air is down low.

Stop, Drop, and Roll

12

If your clothes catch on fire, **DON'T RUN!**



1. **STOP** where you are.

Family Activity:
Practice
"Stop, Drop,
and Roll"



2. **DROP** to the floor.

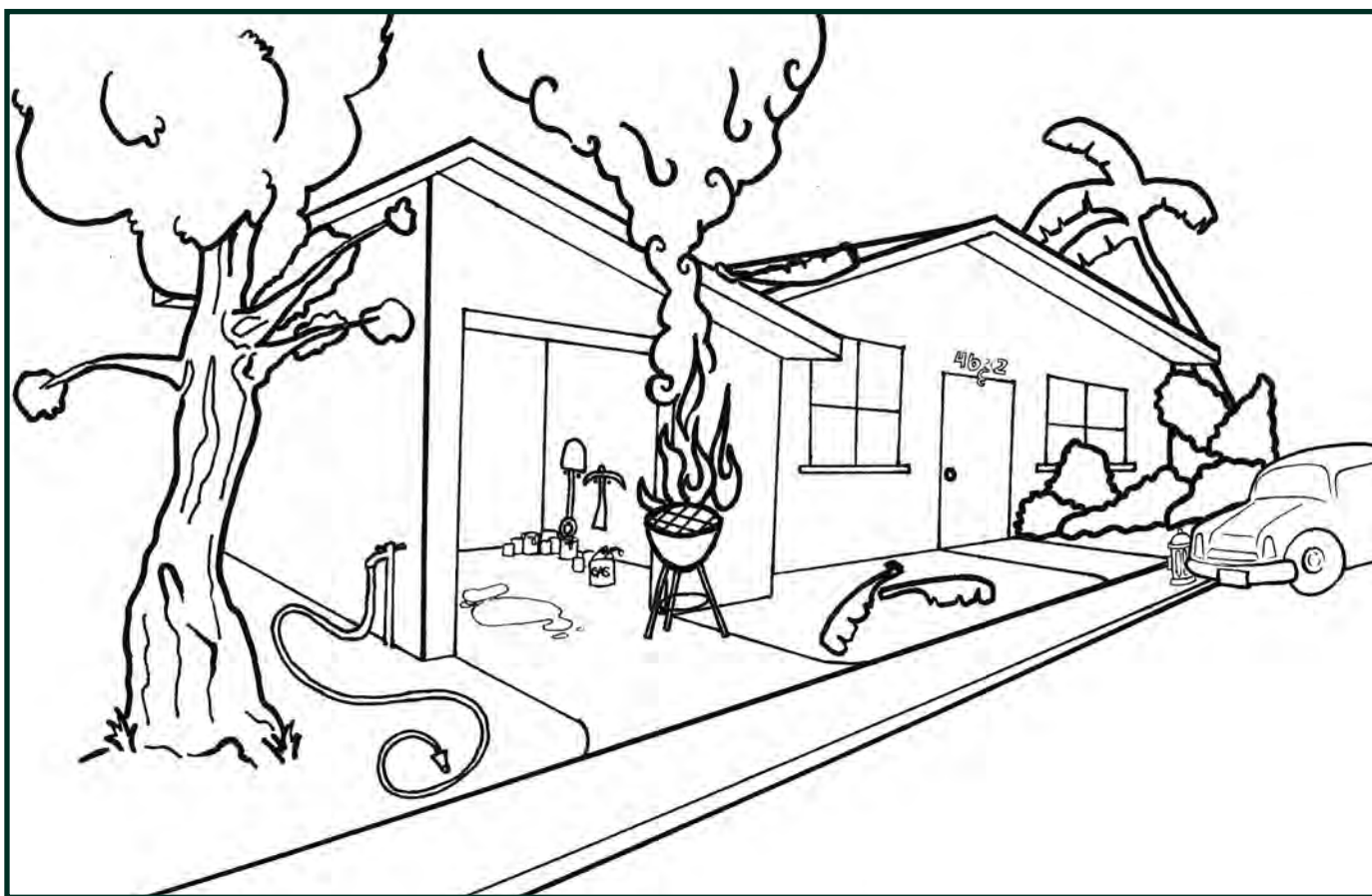


3. **ROLL** around until the flames go out, and protect your face with your hands.

Outdoor Fire Hazards

1. Clear vegetation at least 30 feet around all structures.
2. Remove dead plant material from around your home.
3. Clean your roof and gutters from debris.
4. Cut bushes and trees so that the lowest branches are 6-10 feet above the ground.
5. Have tools and a water supply available.
6. Be sure cooking fires, matches, and cigarettes are out by dousing them in water.
7. Plan your escape.

Circle the eight outdoor fire hazards and color the picture.



1. Outdoor cooking under eaves and not in a safe area 2. Overgrown foliage 3. Home address has upside-down number 4. Hazardous containers not labeled 5. Poisons not stored in a locked cabinet 6. Spill in the garage not cleaned up 7. Flammable liquids should be stored away from heat or flames 8. Blocked fire hydrant

Student Safety Quiz

14

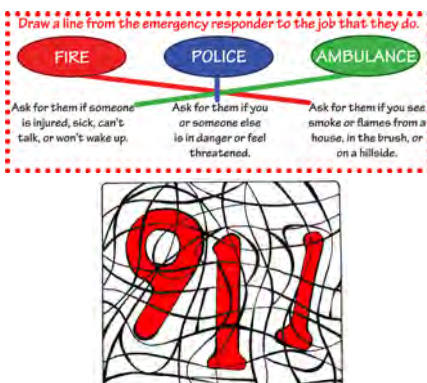
True or False

1. Smoke alarm batteries should be changed every year. T or F
2. You should call 911 when you break your favorite toy. T or F
3. If you find matches or lighters, you should leave them alone and tell an adult. T or F
4. You should roll around for ten seconds if your clothes catch on fire. T or F
5. If there is a lot of smoke, you should stand up and get out. T or F
6. When you leave your home because of a fire, you should "get out and stay out." T or F
7. The first step when using a fire extinguisher is to "pull the pin." T or F
8. Never use water to put out a grease/oil fire in a pot or pan. T or F
Cover small fires in pots or pans with a lid.
9. It is okay to leave small appliances plugged into an outlet even if they are not in use. T or F
10. Clear vegetation at least 30 feet around all structures. T or F

1. True 2. False-You should stay low and go. 3. True 4. False-You should roll around until the fire is completely out. 5. False-You should stand up and get out. 6. True 7. True 8. True 9. False-Appliances should be unplugged when not in use. 10. True

Family Activity: Identify possible fire hazards around your house and discuss them with your parents.

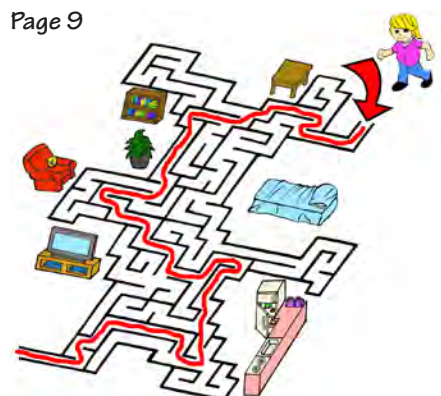
Page 4



Page 8



Page 9





JUNIOR FIRE FIGHTER PLEDGE

I, _____ (print name),

will do my best to practice what I learned in this Fire
Fighter's Safety Guide and promise to do all I can to
prevent fires.

Junior Fire Fighter's
Signature

Parent's Signature

Mahalo to our Partners!

American Box Car Racing Intl. • Bay View Mini-Putt and Zipline
Cherry On Top • Dole® Plantation • ©Gunstock Ranch
Kapolei Inline Hockey Arenas • McDonald's® Restaurants of Hawaii
Pacific Aviation Museum Pearl Harbor • Pizza Hut®
©Polynesian Cultural Center • Sandbox BMX
Taco Bell® • Waikiki Aquarium
Waikiki Beach Marriott® Resort & Spa • Zippy's Restaurants