



# FIRE FIGHTER'S SAFETY GUIDE

**FIRE PREVENTION WEEK  
OCTOBER 7-13, 2012**



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## MESSAGE FROM THE HAWAII STATE FIRE COUNCIL (SFC)

Aloha! The SFC is pleased to announce the 27<sup>th</sup> edition of the Fire Fighter's Safety Guide (FFSG).

This year's FFSG promotes the 2012 Fire Prevention Week theme, "Have 2 Ways Out!" When fire strikes, your home could be engulfed in smoke and flames in just a few minutes. This year's theme focuses on the importance of fire escape planning and practice.

The FFSG is distributed to elementary school students throughout the state through a collaboration of Hawaii's four county fire departments. This statewide effort is unique to Hawaii and contributes toward our state having among the lowest rates of fire deaths and injuries in the nation.

The FFSG was designed with the whole family in mind. Completing the activities and lessons together as a family will help you prepare for emergencies through prevention and planning. Sign the Junior Fire Fighter Pledge on the back cover and return it to your child's teacher to receive valuable coupons.

Thank you for your participation!



*Kenneth G. Silva*

KENNETH G. SILVA  
Chair  
Honolulu Fire Department  
Fire Chief



*Robert F. Westerman*

ROBERT F. WESTERMAN  
Vice Chair  
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Department of Fire  
and Public Safety  
County of Maui  
Fire Chief



*Darren J. Rosario*

DARREN J. ROSARIO  
Member  
Hawaii Fire Department  
Fire Chief



# INSTRUCTIONS

FOR STUDENTS, TEACHERS, AND PARENTS



I finished all of my homework and now I'm working on the Fire Fighter's Safety Guide. My family is doing it too!

## STUDENTS

*Be your family's Fire Safety Superhero! Doing the activities in this safety guide will give you the skills you need to prevent fires, prepare for emergencies, and help protect your family. Sign the Junior Fire Fighter Pledge on the back cover, and return it to your teacher to receive awesome coupons. Work hard and have fun!*



## TEACHERS

*Thank you for your hard work in the classroom. We know you will do a fantastic job of reviewing this safety guide, discussing the topics in class, and helping your students complete their activities. We value your expertise in working with students, so please help us make this safety guide better by taking a quick survey.*

<https://www.surveymonkey.com/s/hawaiiteachers>



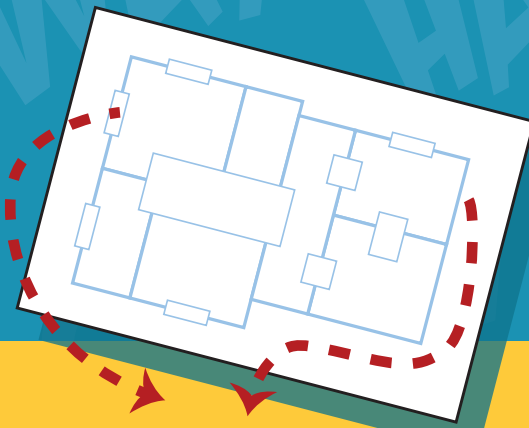
## PARENTS

*Great job on raising some super kids! Now it's time to review this safety guide with your children and practice fire safety at home. Please complete and sign the Parent Checklist on the back cover so your children can receive valuable coupons.*

### Contents

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# MAKE A PLAN



It is important to have a home fire escape plan for your family. What if your first escape route is blocked by **SMOKE** or **FLAMES**? That's why having two ways out is such a key part of your plan. Use this checklist to help plan your family's escape:



Plan two or more escape routes from each room. The first is the door and the best way out. The second exit can be another door or window. Use it if the first exit is blocked or unsafe.

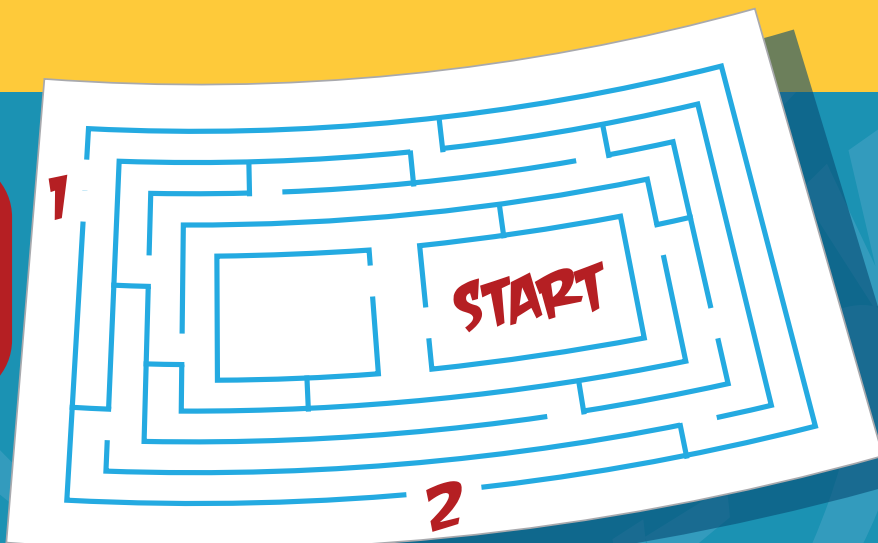


Pick a spot outside to be your family's safe meeting place. It could be a tree, a spot on the sidewalk, or anywhere outside that is safe.



Plan two or more escape routes out of your house and to your meeting place. If you live in an apartment, **NEVER** use the elevator.

Just like your escape plan, there are two ways out of this maze. Can you find them?





# DRAW YOUR ESCAPE PLAN



**SHOW**

*where the rooms are.  
where the exits are.  
two ways out.  
your meeting place.*

# STAY LOW AND GO!



BEEP BEEP BEEP

Use the white area above to draw **DARK** and **DIRTY** smoke. Do you think you could breathe in smoke like that? If you see or smell smoke, **STAY LOW AND GO** to the nearest safe exit.



# DON'T STALL...

# CALL 911



If you have an emergency, "*Don't Stall, Call 911*" and give the operator your information. Fill out the sheets below to help you be prepared. Keep one near the phone and ask your parents to give one to a neighbor. In an emergency, you may need to call from their house. If there is a **FIRE in your house**, do not call from your home. **GET OUT AND STAY OUT!!**

## EMERGENCY INFORMATION

My full name: \_\_\_\_\_

My home address: \_\_\_\_\_

My home phone number: \_\_\_\_\_

## EMERGENCY INFORMATION

My full name: \_\_\_\_\_

My home address: \_\_\_\_\_

My home phone number: \_\_\_\_\_

# FIRE EXTINGUISHERS

You should have at least one fire extinguisher at home for an adult to use. Keep them where they can be seen and reached easily. To use a fire extinguisher, remember: P-A-S-S



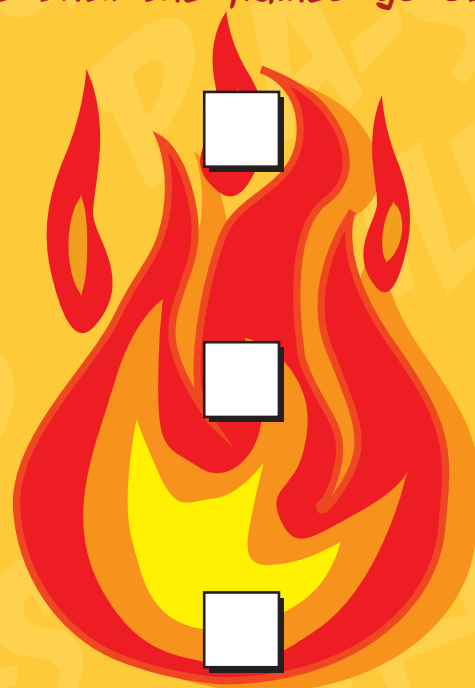
**P**ull the pin.

**A**im at the base of the fire.

**S**queeze the handles on top.

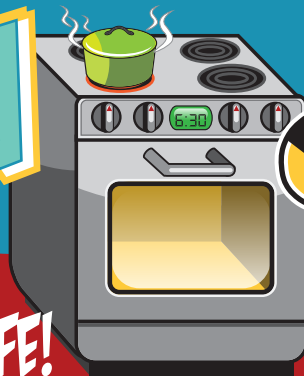
**S**weep the nozzle slowly side to side until the flames go out.

Mark the box that shows the best place to aim your fire extinguisher.





# KITCHEN

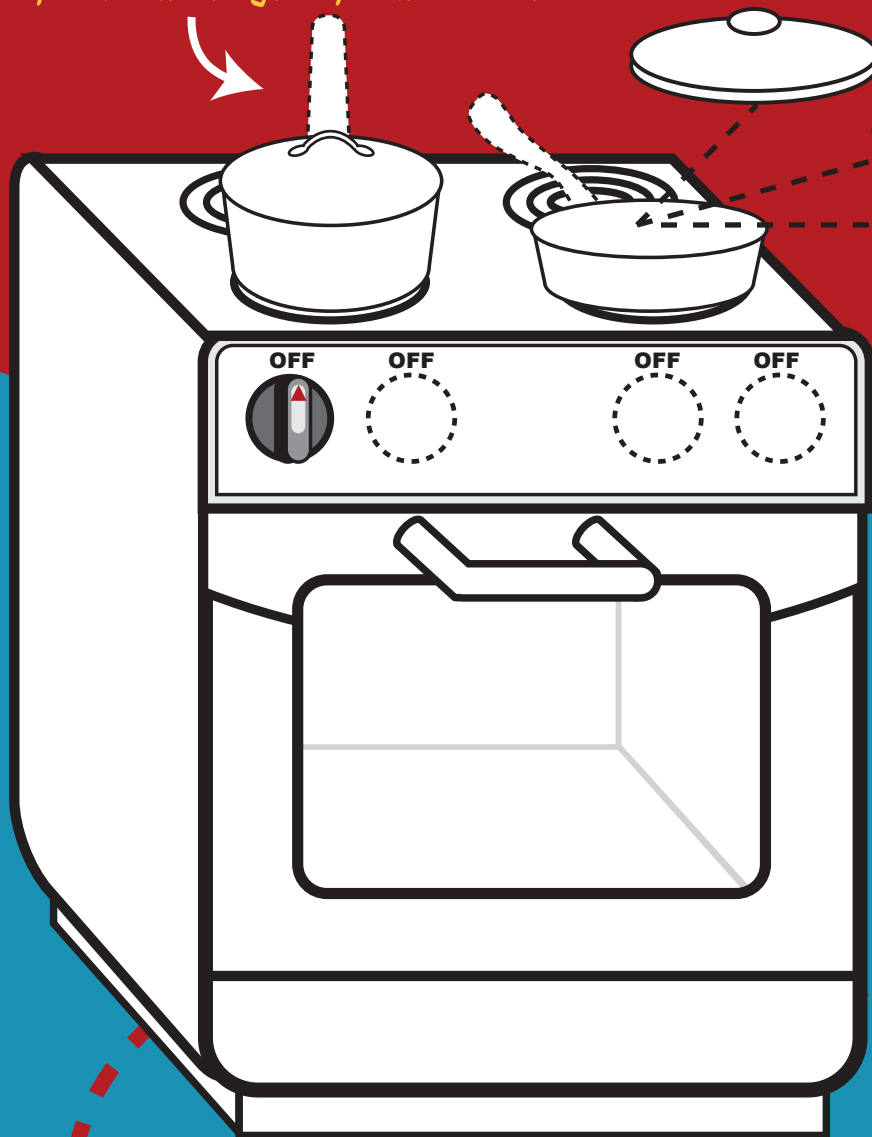


# SAFETY

## MAKE THIS KITCHEN FIRE-SAFE!

Draw in the pot and pan handles facing inward and away from the edge of the stove.

Keep a lid nearby to smother small grease fires. Which cover would be the best for covering the frying pan?



Answer: The first cover would be the best because it is big enough to cover the whole pan.

If you leave the kitchen, turn the stove OFF. Draw in the knobs on the stove and make sure they are OFF.



Have a "kid-free zone" of at least three feet around stoves or anyplace hot foods or drinks are prepared.

3 FEET

# SMOKE



# ALARMS

Smoke alarms that are properly installed and maintained save lives. Draw a line ----- connecting the type of smoke alarm maintenance to how often it must be done.



## MAINTENANCE

## HOW OFTEN

1) Test the smoke alarm

a) Every ten years

2) Change the batteries

b) Once a month

3) Replace the smoke alarm

c) Every year or when you hear a "chirping" sound

Answers: 1) b 2) c 3) a

Remember to have an adult test your smoke alarms once a month. Tear off the correct month when the test is finished!

10

January

February

March

April

May

June

July

August

September

October

November

December

# SPRINKLERS FOR YOUR

# HOME



Home sprinkler systems respond quickly to reduce the heat, flames, and smoke from a fire, thus giving families valuable time to get to safety.



## PROTECT THE ENVIRONMENT

Sprinklers reduce water usage for fighting a fire by more than 90% and help prevent polluted runoff.



Only the sprinkler closest to a fire will activate. Look at the sprinkler system above.

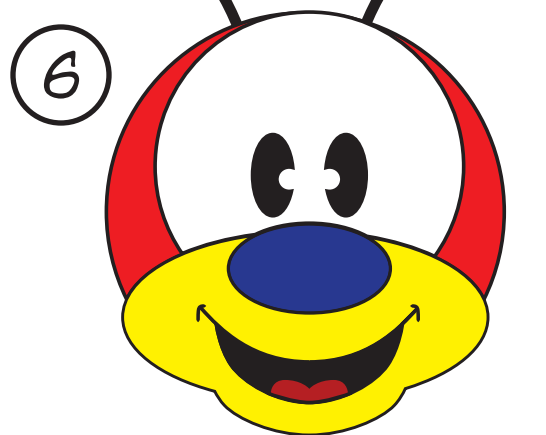
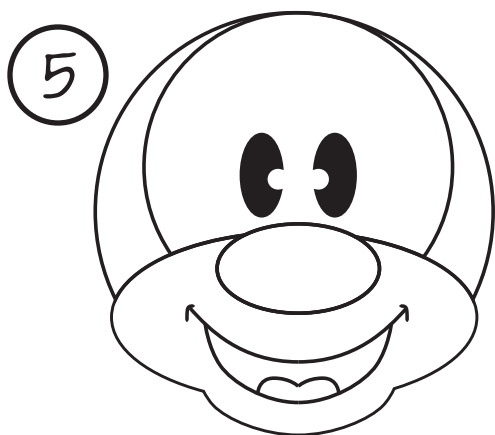
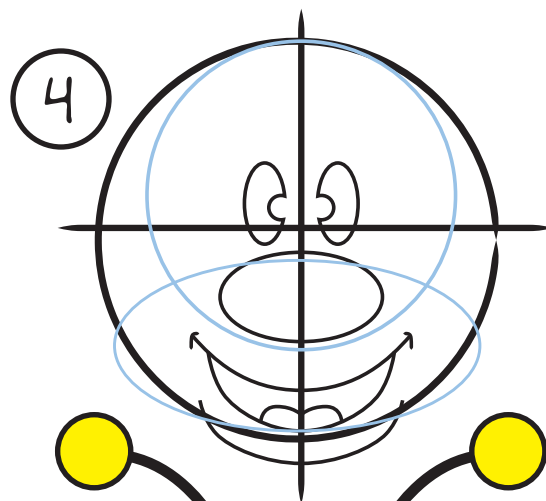
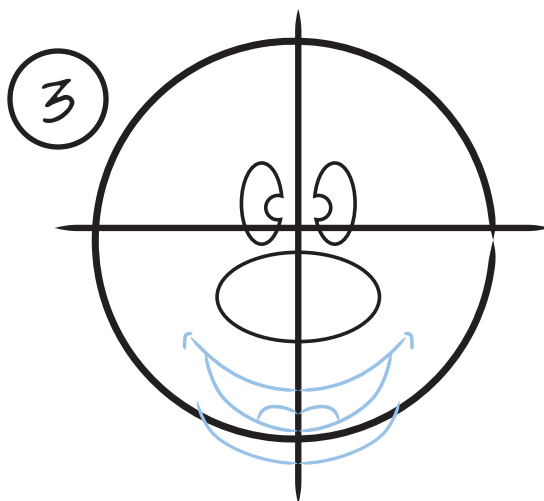
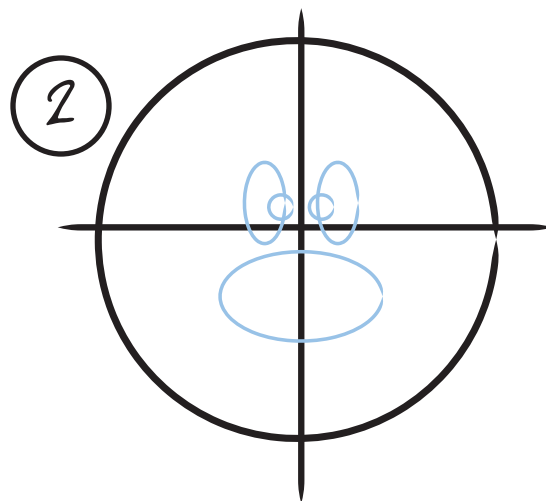
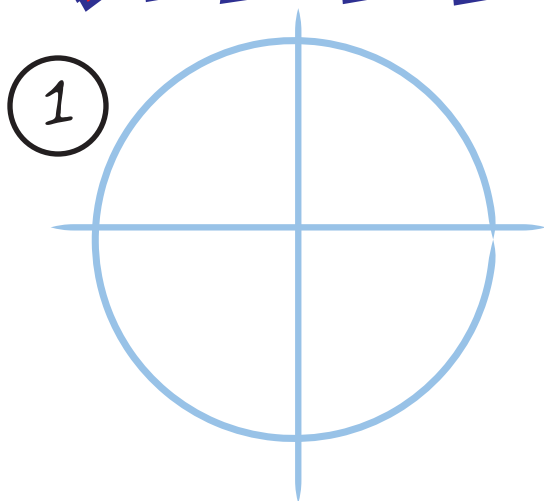
How many sprinklers are turned ON?

How many sprinklers are still OFF?

Answer: One sprinkler is on, and eight sprinklers are off.

# LEARN TO DRAW

## SPARKY





# BE RED CROSS READY



Red Cross teaches people how to be prepared in case they need to leave their home quickly during an emergency.

Help to get your family and yourself ready:

① GET A KIT

② MAKE A PLAN

③ BE INFORMED

Find the hidden words and start a list of items for your emergency preparedness kit:

Water	Family Plan
Food	First Aid
Snacks	Phone
Clothes	Radio
Medicine	Bag

Are there any other items that you think should be included?

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F	A	M	I	L	Y	P	L	A	N
I	M	S	G	P	S	H	C	I	B
R	T	N	K	I	G	T	L	K	A
S	G	A	O	L	J	E	O	E	G
T	S	C	P	L	W	A	T	E	R
A	H	K	E	O	R	K	H	P	A
I	P	S	D	W	P	S	E	L	D
D	F	O	O	D	O	R	S	E	I
P	H	O	N	E	W	F	W	Q	O
J	M	E	D	I	C	I	N	E	P



**American Red Cross**  
Hawaii State Chapter

Parents: For more information, please visit

[www.hawaiiiredcross.org](http://www.hawaiiiredcross.org)

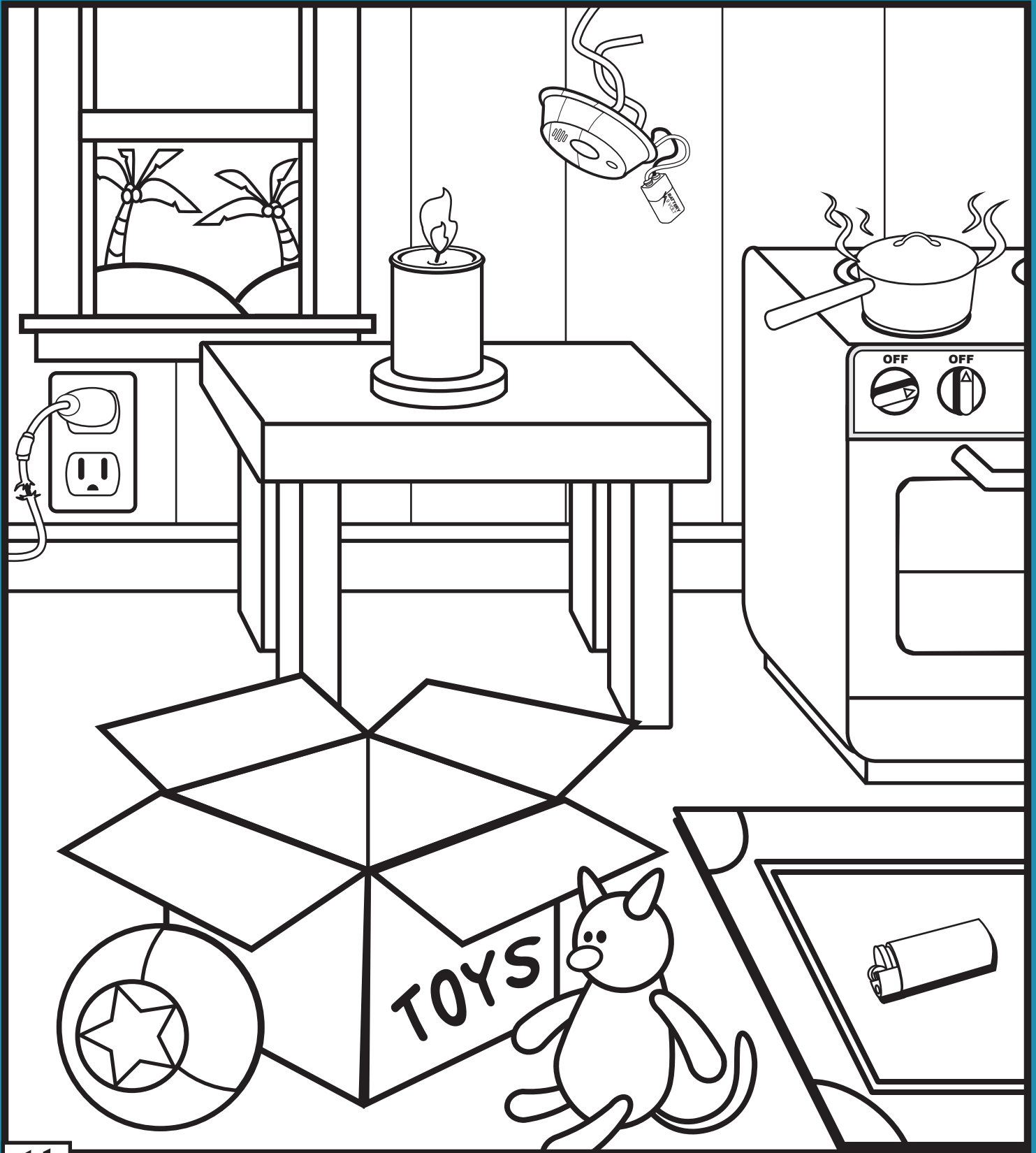
American Red Cross-Hawaii State Chapter,  
4155 Diamond Head Road, Honolulu, HI 96816

# COLOR

THE PICTURE AND FIND THE

6

# HAZARDS



14

Answers: 1) Lighter on ground 2) Toys not put away/clutter 3) Candle left unattended 4) Frayed/damaged wiring 5) Damaged smoke alarm 6) Pot handle facing out

# FIRE SAFETY QUIZ

CIRCLE THE CORRECT ANSWER.

1 If your clothes catch on fire, you should:

- A) Stop, run, and yell.
- B) Stop, jump, and sing.
- C) Stop, drop, and roll.



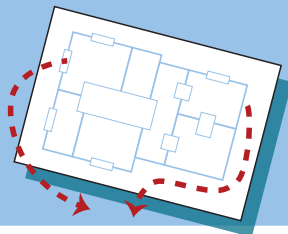
2 Smoke alarms should be tested:

- A) Once a day.
- B) Once a month.
- C) Once a year.



3 When making an escape plan, make sure you have at least:

- A) Two pencils.
- B) Two of your favorite toys.
- C) Two ways out.



4 A home sprinkler system:

- A) Puts out fires in your home.
- B) Grows grass in your bedroom.
- C) Helps you take a shower.



5 If you see or smell smoke in your home, you should:

- A) Stand up and stretch.
- B) Stay low and go.
- C) Just ignore it.



6 The name of the Fire Fighter's Safety Guide mascot is:

- A) Spooky.
- B) Spanky.
- C) Sparky.



7 The fastest way to get help during an emergency is to:

- A) Call your friend.
- B) Call your neighbor.
- C) Call 911.



8 When using a fire extinguisher, P-A-S-S stands for:

- A) Push - Air - Say - Sing.
- B) Pull - Aim - Squeeze - Sweep.
- C) Peel - Act - Swing - Shout.



Answers: 1) C 2) B 3) C 4) A  
5) B 6) C 7) C 8) B

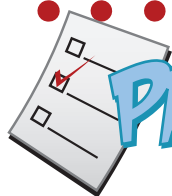


I, \_\_\_\_\_ (print name),

will do my best to be a responsible Junior Fire Fighter and practice what I learned in this Fire Fighter's Safety Guide with my family.



\_\_\_\_\_  
Junior Fire Fighter's Signature



## PARENT CHECKLIST

- ☐ I reviewed this Fire Fighter's Safety Guide with my child.
- ☐ We completed all activities in the guide as a family.
- ☐ I completed the online survey.  
<https://www.surveymonkey.com/s/hawaiiifamily>

X

\_\_\_\_\_  
Parent's Signature

Mahalo to our Partners!

ABCRI Box Car Track ♦ Bay View Mini-Putt and Zipline

Bishop Museum ♦ Cherry On Top ♦ Dole Plantation

Gunstock Ranch ♦ McDonald's Restaurants of Hawaii

Pacific Aviation Museum ♦ Pizza Hut

Podium Raceway ♦ Sandbox BMX Hawaii ♦ Taco Bell

Waikiki Aquarium ♦ Waikiki Beach Marriott Resort & Spa