

**FIRE FIGHTER'S  
2016**

# **SAFETY GUIDE**



**POKI'S  
SAFETY  
VOYAGE**





## MESSAGE FROM THE HAWAII STATE FIRE COUNCIL (SFC)

Aloha! The SFC, which is comprised of Hawaii's four county Fire Chiefs, is pleased to announce the 31<sup>st</sup> edition of the Fire Fighter's Safety Guide (FFSG).

This year's FFSG promotes the National Fire Protection Association (NFPA) 2016 Fire Prevention Week theme, "Don't Wait – Check the Date! Replace Smoke Alarms Every 10 Years."

According to the NFPA, smoke alarms save lives and are a key part of a home fire escape plan. Working smoke alarms give you an early warning so you can escape quickly. Smoke alarms that are properly installed and maintained play a vital role in reducing fire deaths and injuries.

The NFPA emphasizes the importance of planning and practicing home fire escape plans to ensure everyone in the home can hear the sound of the smoke alarm. We suggest practicing the escape plan while the smoke alarm is activated so family members become familiar with its sound.

The FFSG is distributed to elementary school students statewide through a collaboration of Hawaii's four county fire departments. The FFSG was designed with the entire family in mind. Please participate with your child by completing the activities and lessons together. The completed activities should be returned to your child's teacher.

Mahalo for your participation.



*Robert F. Westerman*

**ROBERT F. WESTERMAN**  
Vice Chair  
Kauai Fire Department  
Fire Chief

*Manuel P. Neves*

**MANUEL P. NEVES**  
Chair  
Honolulu Fire Department  
Fire Chief

*Jeffrey A. Murray*

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Member  
Department of Fire  
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County of Maui  
Fire Chief

*Darren J. Rosario*

**DARREN J. ROSARIO**  
Member  
Hawaii Fire Department  
Fire Chief



**Don't Wait** **CHECK** the date!



**REPLACE SMOKE  
ALARMS EVERY  
10 YEARS**

**FIRE PREVENTION WEEK  
OCTOBER 9-15, 2016**

[firepreventionweek.org](http://firepreventionweek.org)



# PARENTS PAGE

## Safety Tips for your Home and Family

### Smoke Alarms

- Install smoke alarms inside and outside each bedroom and on every level of the home.
- Test smoke alarms at least once a month. Press the test button to ensure the alarm is working.
- People who are deaf can use special alarms that have strobe lights and bed shakers.
- Replace smoke alarms when they are **ten years old**.

### Wildland Safety Tips

- Clear leaves and other vegetation from roofs, gutters, porches, and decks.
- Remove dead vegetation and other items from under your deck or porch and within ten feet of the house.
- Dispose of debris and lawn cuttings to reduce fuel for fire.
- Remove anything within 30 feet that could burn and act as a large fuel source.

### Holiday Safety Tips

- Choose decorations that are flame resistant or flame retardant.
- Keep lit candles away from items that can burn.
- Some lights are only for indoor or outdoor use, but not both.
- Replace strings of lights that have worn or broken cords or loose bulb connections. Follow the manufacturers instructions for the number of light strands that can be safely connected.
- Stay in kitchen when cooking.

## INTRODUCING



Aloha Jr. Firefighters!

I am Hawaii's new Fire Fighter's safety mascot. Join me in sharing the fire safety messages as I voyage across the state. Remember to always practice fire prevention and safety with your family and friends.

Love,  
Poki

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# HIKING SAFETY TIPS

**H**ave a plan  
**I**nform someone of where you're going and when you plan to return  
**K**ee a flashlight and whistle with you  
**E**at well, stay hydrated: carry plenty of water

**S**tay on the trail  
**A**sk for HELP!  
**F**amiliarize yourself with the area, use a map  
**E**xpect changes in the weather



Photo of Na Pali Coast, Kauai

Pictured below are items that you should bring with you when hiking. Unscramble the letters to identify each item. Use the **red** letters to reveal the secret word below.



NEHOP



AMP



RAWET



The secret word is something that you should look for when hiking.



HASLF HG**TIL**



CASS**KN**



ES**OSH**



# OCEAN SAFETY TIPS

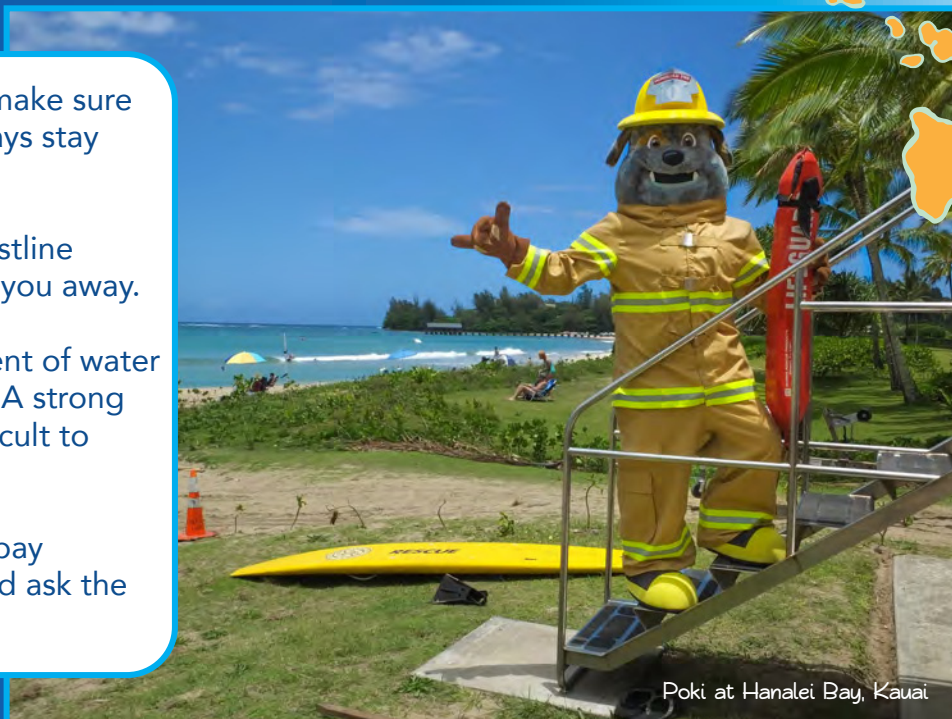


When playing under the sun, make sure you use **SUNBLOCK** and always stay **HYDRATED** with **WATER**.

Be careful along the rocky coastline where big **WAVES** can sweep you away.

The **CURRENT** is the movement of water from one location to another. A strong ocean current can make it difficult to **SWIM** safely.

The **OCEAN** can be tricky so pay attention to posted **SIGNS** and ask the **LIFEGUARD** if it is safe.



Poki at Hanalei Bay, Kauai

S	O	N	B	L	U	C	H	T	F
L	N	H	Y	D	R	A	T	E	D
I	A	G	B	L	O	C	K	S	K
F	E	H	I	D	C	A	W	C	S
E	C	U	R	S	E	I	O	G	H
G	O	W	A	T	M	L	W	N	F
U	U	A	B	L	B	C	A	S	L
A	H	V	Y	N	R	A	T	E	O
R	U	E	U	L	O	C	E	T	O
D	H	S	T	N	E	R	R	U	C

Find the **GREEN** highlighted words above in the word search. Be sure to check backwards and diagonally!

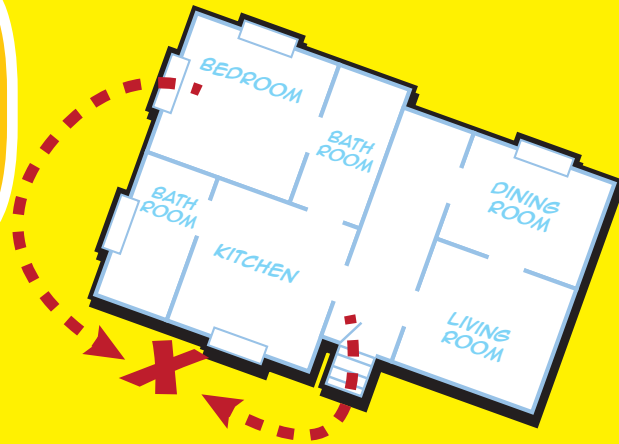
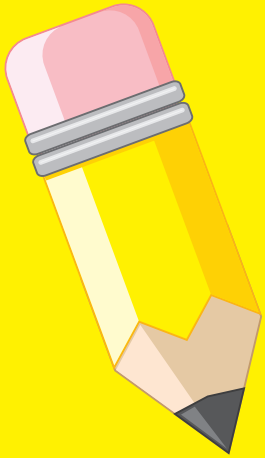


## FUN FACT

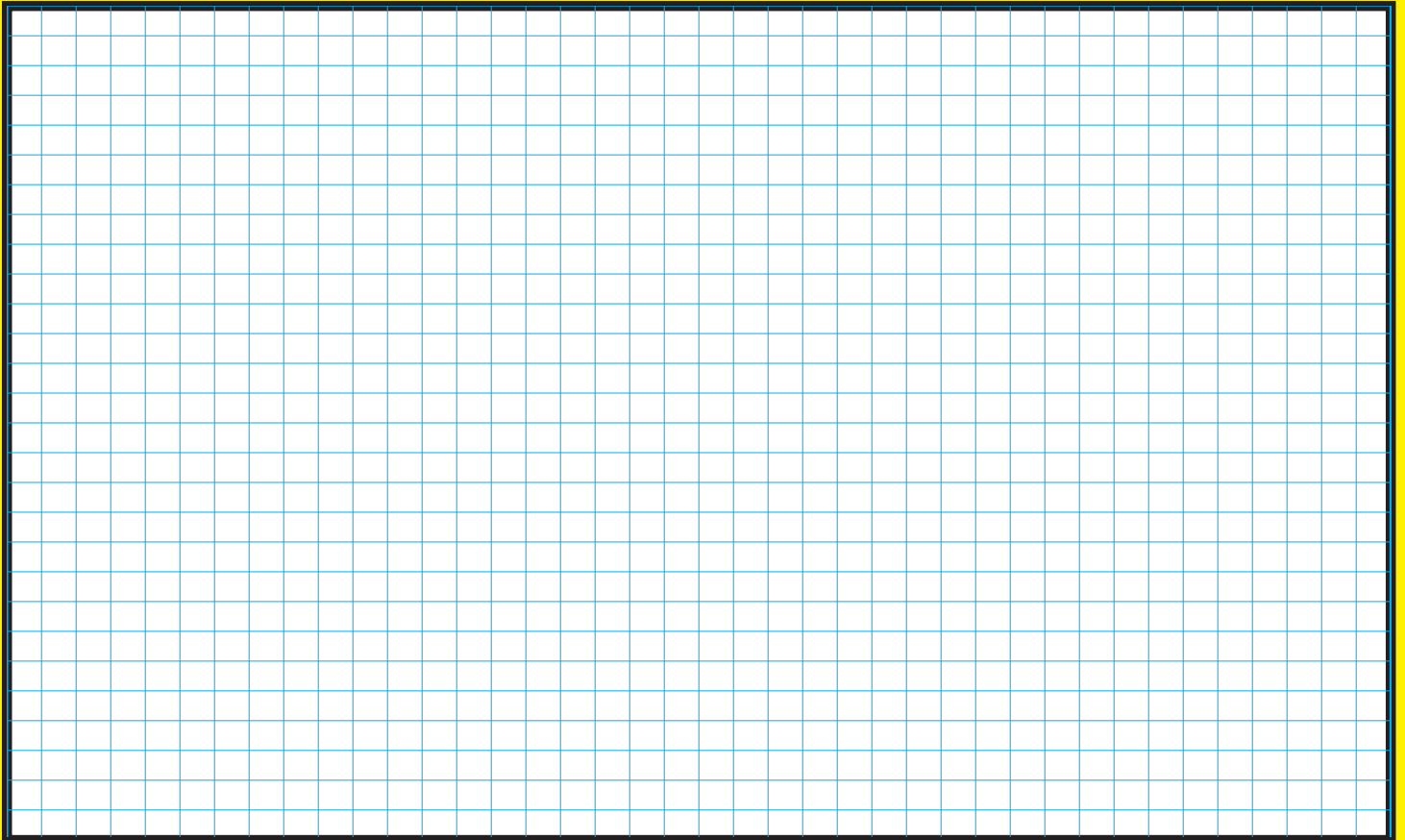
The Kauai Fire Department was established in 1939 operating out of five service stations.

# PLAN YOUR ESCAPE!

Choose an **outside meeting place** (like a tree, light pole, or mailbox) that is a safe distance from your home where everyone can meet.

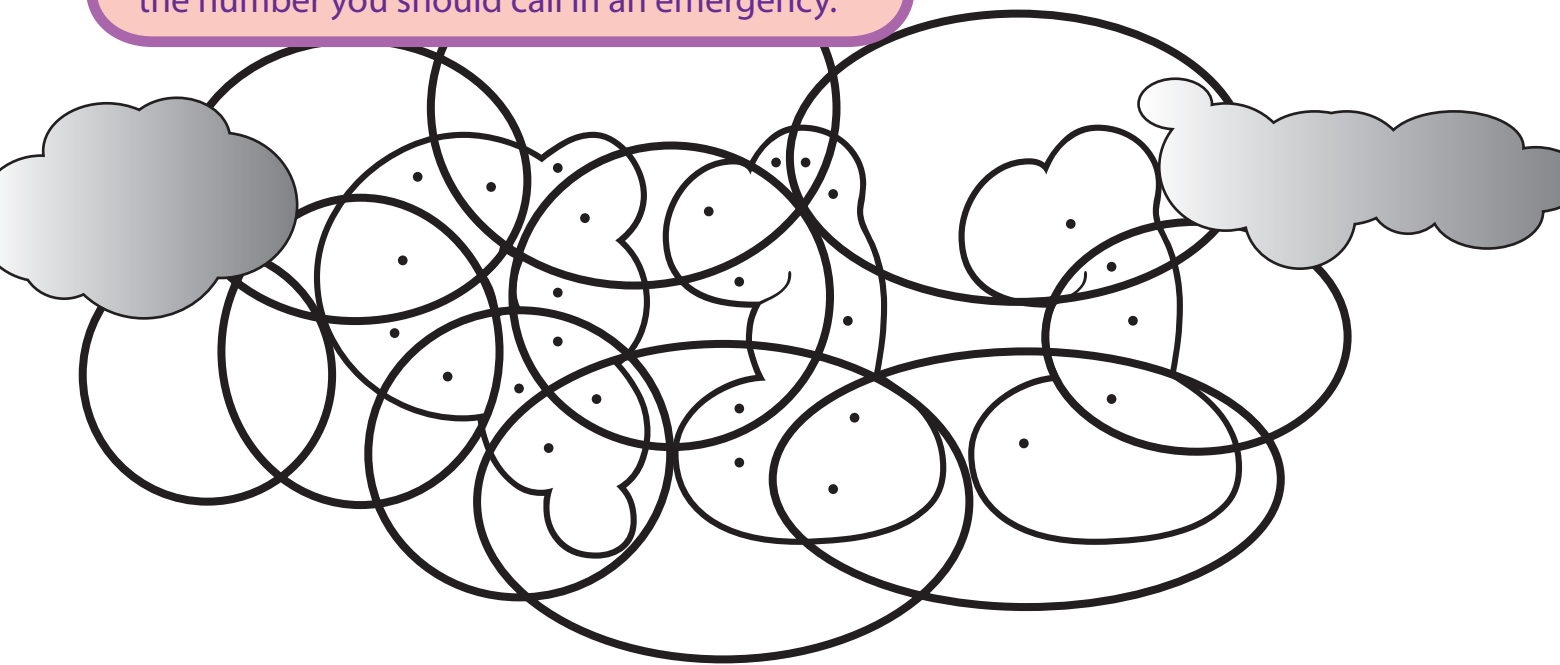


**Use the space below** to draw a map of your home showing all doors and windows. Use arrows to show your escape routes. Show at least two ways out of every room, if possible.





Color the areas with the a dot in them to reveal the number you should call in an emergency.



**Don't stall, call** \_ \_ \_

**Stay low and go!**

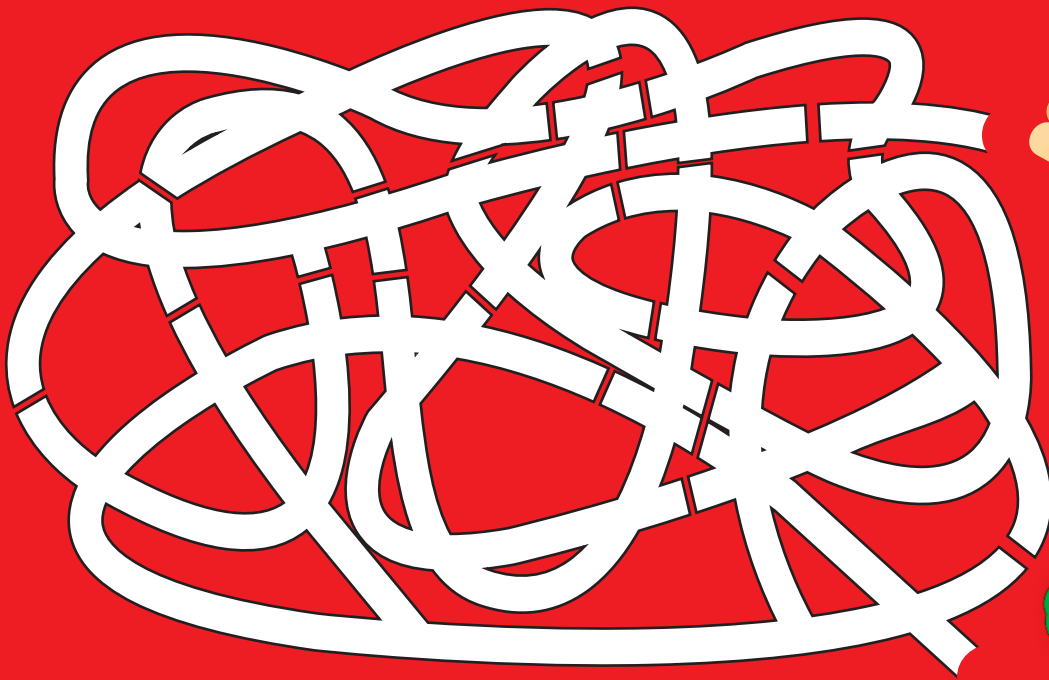


If you see or smell smoke or hear a smoke alarm, **STAY LOW AND GO!!** When you stay low to the ground and crawl, you can see and breathe better.

### **FAMILY ACTIVITY**

#### **Practice your home fire drill**

during the day and night with everyone in your home. Make an escape plan for a friend or family member (like a grandparent) who doesn't have an escape plan for their home.



HELP ME FIND  
MY WAY  
THROUGH THIS  
MAZE TO MY  
SAFE MEETING  
PLACE.



Break the secret code to find the safety message.  
Match the numbers in the message with the  
secret code below, and write the correct letter in  
the blank. The first letter has been done for you.

N

14 5 22 5 18 16 12 1 25 23 9 20 8

13 1 20 3 8 5 19 15 18

12 9 7 8 20 5 18 19

!

## SECRET CODE

1 A 2 B 3 C 4 D 5 E 6 F 7 G 8 H 9 I 10 J

11 K 12 L 13 M 14 N 15 O 16 P 17 Q 18 R 19 S 20 T

21 U 22 V 23 W 24 X 25 Y 26 Z



# KAIMI

the Fire Investigator Dog



Say "Hello" to Kaimi; Hawaii County Fire Department's Fire Investigations Canine.

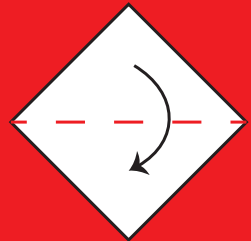
This nine-year-old yellow Labrador Retriever has assisted in hundreds of fire investigations and loves visiting with the Big Island of Hawaii's children during public demonstrations.



## LEARN TO FOLD AN ORIGAMI DOG!



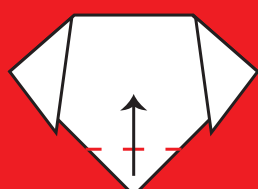
1. Get a square piece of paper.



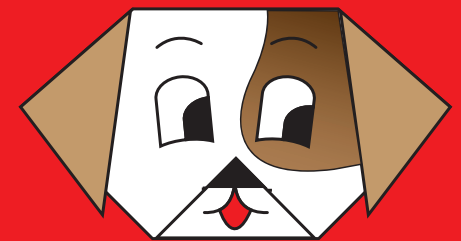
2. Fold your square in half diagonally.



3. Fold top points down on the dotted lines.



4. Fold bottom point up on the dotted lines to make a mouth.



5. Done! Now draw a face and color your dog.



Smoke alarms need to be replaced every 10 years. Check the date to see if it needs to be changed.



Above: Poki shares information about smoke alarms with a homeowner.

Contact your local fire department for any smoke alarm installation programs in your area.

## THINGS YOU SHOULD KNOW

1. You need a smoke alarm in each bedroom.
2. You need a smoke alarm on each level of the home.
3. You need a smoke alarm outside each sleeping area.
4. Push the test button at least once a month to make sure it is working.
3. If the smoke alarm sounds, get outside the home.
4. Dial 911 to call the fire department from your safe meeting area.



# CONNECT THE DOTS

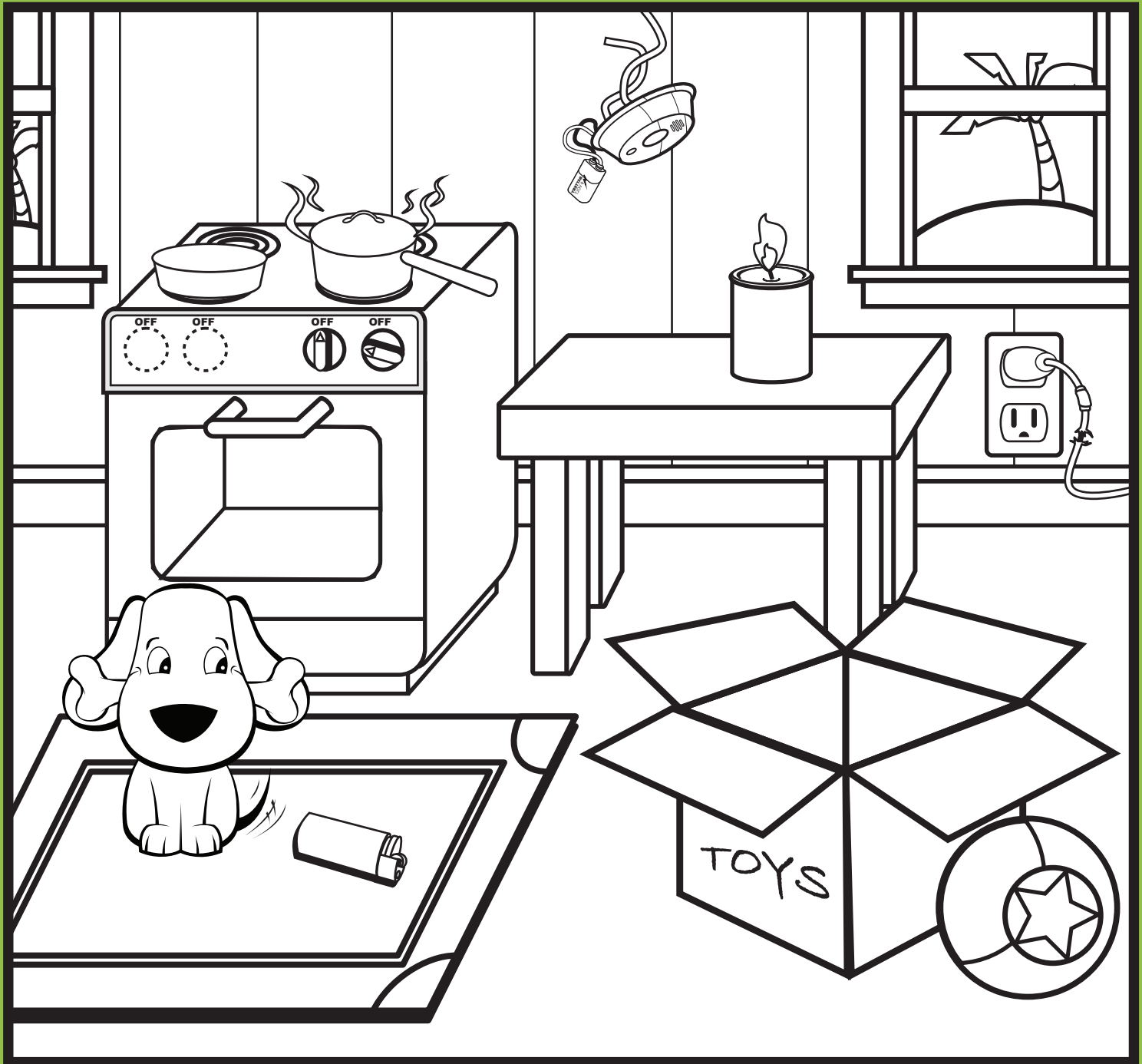
1. Connect the dots to reveal your fire safety friend, Poki.
2. Color Poki and share it with your family!



REMEMBER TO  
PRACTICE FIRE SAFETY  
EVERYDAY!

# COLOR

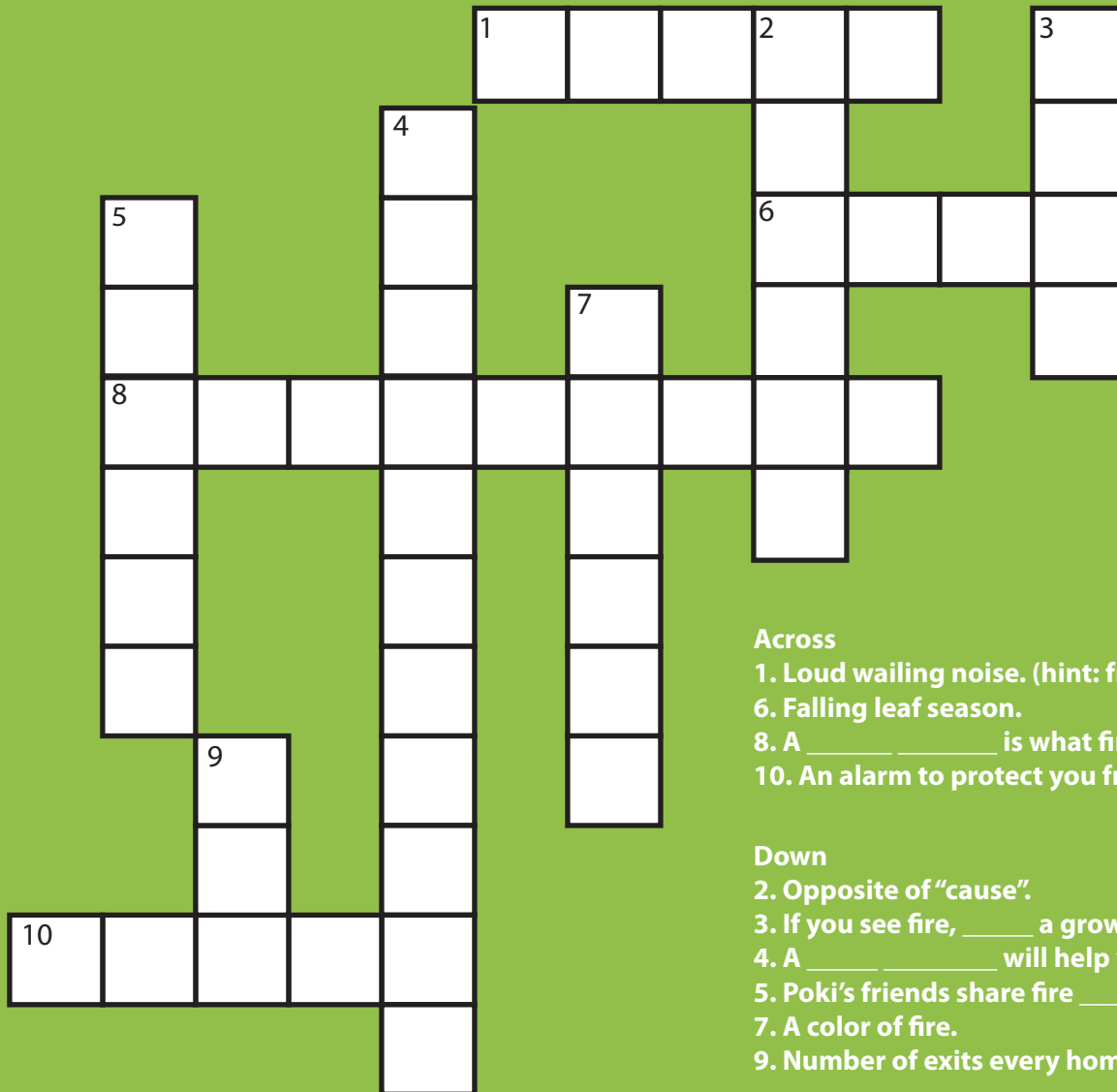
## THE PICTURE AND FIND 7 KITCHEN HAZARDS



- 1) Lighter on ground
- 2) Toy not put away
- 3) Candle left unattended
- 4) Frayed/damaged wiring
- 5) Damaged smoke alarm
- 6) Pot handle facing out
- 7) Dog in the kitchen



# CROSSWORD PUZZLE



## Across

1. Loud wailing noise. (hint: from a fire truck)
6. Falling leaf season.
8. A \_\_\_\_\_ is what firefighters ride on.
10. An alarm to protect you from fire.

## Down

2. Opposite of "cause".
3. If you see fire, \_\_\_\_\_ a grown up.
4. A \_\_\_\_\_ will help you if there is a fire.
5. Poki's friends share fire \_\_\_\_\_ with everyone.
7. A color of fire.
9. Number of exits every home needs.

Across: 1. Siren, 6. Fall, 8. Fire Truck, 10. Smoke  
Down: 2. Effect, 3. Tell, 4. Fire Fighter, 5. Safety, 7. Orange, 9. Two



Poki at Iolani Palace, Oahu

## FUN FACT

The Honolulu Fire Department was established in 1851 by King Kamehameha III.

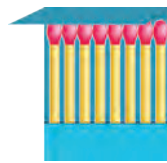
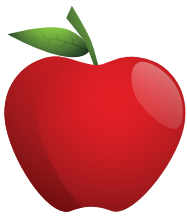




If your **CLOTHES** catch on fire, **STOP** where you are. **DROP** to the **GROUND** and **COVER** your **EYES** and **MOUTH** with your **HANDS**. **ROLL** over and over and back and forth until the **FLAMES** are out.

## HOT OR NOT?

There are many things inside and outside the home that are hot or can get hot. Things that get hot can cause serious burns. CIRCLE the items that can be hot or could get hot.



# FIRE SAFETY QUIZ

**Time to test your knowledge. Circle the correct answer.**

1. **You should have a smoke alarm in:**
  - a. The kitchen.
  - b. The bathroom.
  - c. Each bedroom.
  - d. All of the above.
2. **If you see or smell smoke, you should:**
  - a. Run quickly to get out.
  - b. Go back to sleep.
  - c. Find out where it's coming from.
  - d. Stay low and go.
3. **It is okay to play with:**
  - a. Toys.
  - b. Candles.
  - c. Matches.
  - d. Kitchen stove.
4. **You should know at least this many ways out of every room in your home:**
  - a. One
  - b. Two
  - c. Three
  - d. Four
5. **If your clothes catch on fire, you should:**
  - a. Stop, run, and yell.
  - b. Call 911.
  - c. Stop, drop, and roll.
  - d. Sing, dance, and roll.
6. **Practice your family fire drill:**
  - a. At night.
  - b. During the day.
  - c. In the morning.
  - d. During the day and at night.
7. **You should call 911 if:**
  - a. You are hungry.
  - b. You want to play a joke on someone.
  - c. You have a bad dream.
  - d. None of the above
8. **If you find a lighter, you should:**
  - a. Pick it up.
  - b. Throw it away.
  - c. Tell an adult.
  - d. Call 911.
9. **In case of an emergency, make sure to remember your:**
  - a. Favorite food.
  - b. Full address.
  - c. Full name.
  - d. Both b and c.
10. **What should you bring when going on a hike?**
  - a. Cell phone.
  - b. Water.
  - c. Map.
  - d. All of the above.





I, \_\_\_\_\_ (Print Name),  
will do my best to be a responsible Junior Fire Fighter and practice what I learned  
in this Fire Fighter's Safety Guide with my family.

\_\_\_\_\_  
Junior Fire Fighter's Signature

### ***PARENTS CHECKLIST***

- ☐ I reviewed this Fire Fighter's Safety Guide with my child.
- ☐ We completed all activities in the guide as a family.
- ☐ I completed the online survey at <https://surveymonkey.com/r/firesafety2016>

***Mahalo to our partners!***

#### **Bay View Mini-Putt and Zipline**

**Big City Diner  
Bishop Museum  
Café 100  
Dole Plantation  
Gunstock Ranch  
Hawaii Water-Menehune  
Honolulu Zoo (DES)  
Jack In the Box  
Jamba Juice  
Kauai Kookie  
Krispy Crème  
Kualoa Ranch  
Lapperts**

#### **Maui Ocean Center**

**Maui Tropical Plantation  
McDonald's Restaurants of Hawaii  
Menchie's Hawaii LLC  
"Pizza Hut"  
TD Food Group Inc."  
Polynesian Cultural Center  
Samurai Snack  
Seven-Eleven Hawaii Inc.  
Taco Bell  
Waikiki Aquarium  
Waikiki Beach Marriott Resort & Spa  
Zippy's Restaurants**









