

FIRE FIGHTER'S

SAFETY GUIDE 2018

FEATURING

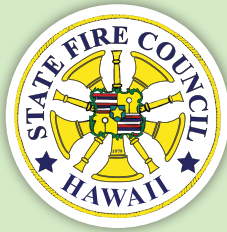
KUKUI

KITCHEN SAFETY

WILDLAND FIRE AND
PREPAREDNESS

ACTIVITIES INSIDE!





Look. Listen. Learn. Be aware. Fire can happen anywhere.

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MESSAGE FROM THE HAWAII STATE FIRE COUNCIL (SFC)

Aloha! The SFC, which is comprised of the four county Fire Chiefs, is pleased to announce the 33rd edition of the Fire Fighter's Safety Guide (FFSG).

This year's FFSG promotes the NFPA's 2018 FPW theme, "Look. Listen. Learn. Be Aware. Fire can happen anywhere."

According to the NFPA, no matter where you are, at home or a public building, it is important to think about fire safety. Home is the place where fire happens most often, but fires can happen in other places as well. Take a good look around your home. Look for places a fire could start. Identify fire hazards and address them.

Listen for the sound of the smoke alarm, as you may have only minutes to escape safely once it sounds. Practice your home evacuation plan. Go to your outside meeting place, which should be a safe distance from the home, where everyone should meet. Learn two ways out of every room. Ensure doors and windows leading outside open easily and are free of clutter.

The FFSG is distributed to elementary school students statewide through a collaboration of Hawaii's four county fire departments. This effort is unique to Hawaii and contributes toward our state having among the lowest rates of fire deaths and injuries in the nation.

The FFSG was designed with the entire family in mind. Please participate with your child and family by completing the activities and lessons together. This will help you and your family prepare for emergencies through prevention and preparedness. The completed activities should be returned to your child's teacher.

Mahalo for your participation.



JEFFREY A. MURRAY Member Department of Fire and Public Safety County of Maui Fire Chief	MANUEL P. NEVES Chair Honolulu Fire Department Fire Chief	DARREN J. ROSARIO Member Hawaii Fire Department Fire Chief	ROBERT F. WESTERMAN Vice Chair Kauai Fire Department Fire Chief



Aloha Junior Fire Fighter,

Join me in sharing the fire prevention and safety messages from this year's Fire Fighter's Safety Guide with your family and friends.

It is important for you and your family to review and practice your family fire escape plan twice a year. It is a great way to spend time with your loved ones while practicing a very important fire safety lesson.

Remember to practice fire safety every day!

POKI



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SMOKE ALARMS

To detect a fire, smoke alarms are essential in every home.

Smoke spreads fast, and working smoke alarms allow you time to escape if there is a fire in your home. If you hear a smoke alarm, get out and stay out using your home escape plan.

Your home should have smoke alarms in every bedroom, outside each separate sleeping area, and on every level of your home, including the basement.

WHAT DOES IT SOUND LIKE?

Smoke alarms warn you of smoke and fire with a very loud **BEEP, BEEP, BEEP** before you see, hear or smell them. Smoke is poisonous, and breathing it can be very dangerous. Smoke will rise to the ceiling leaving fresh air closer to the floor. This is why we teach children to crawl to safety by telling them to **get low and go, go, go to your exit**. It is also important for children to remember to quickly **get outside and stay outside** if there is a fire.

WHAT SHOULD YOU DO? PRACTICE TOGETHER AT HOME!

Pretend to be a smoke alarm, and each time you say **BEEP, BEEP, BEEP**, your child has to **get low and go, go, go** to the nearest exit. Take turns being the smoke alarm. You can also play this game with a real smoke alarm when you test your alarm each month. Press the button to hear the beeping sound.



Test your smoke alarm every month.

FIRE SPRINKLERS

Automatic fire sprinklers detect heat and control the fire.

A fire sprinkler's job is to extinguish and suppress the fire before fire fighters arrive, minimizing the damage.

Fire sprinklers activate independently; only the sprinkler closest to the fire will activate.

Newer building factors, such as large open spaces, lightweight construction, or furniture stuffed with combustible material, contribute to the fire spread and lead to homes burning quicker than ever before. These factors place the homeowner and fire fighters at risk.

When building a new home or remodeling, your parents should consider installing an automatic fire sprinkler system.

Fire sprinklers are the first line of defense against fires!
It is like having a fire fighter in your home 24/7.

FACTS

! High-rise buildings are more likely to have fire sprinklers and smoke alarm equipment than nonhigh-rise buildings.

ACTIVITY

Choose from the list of words below and fill in the blanks to see an important message.

lives

Fire _____

fires

put out _____,

sprinklers

protect _____,

buildings

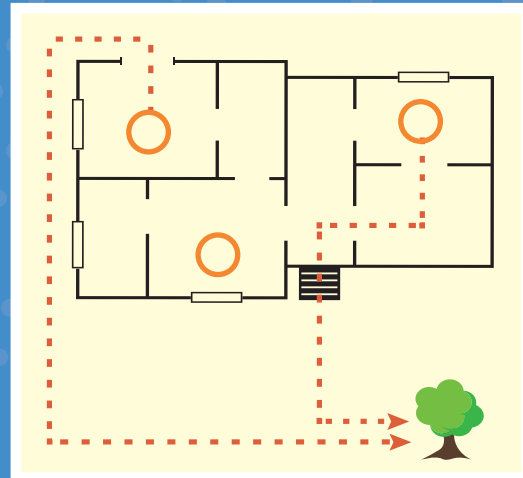
and save _____.

PLAN TWO WAYS OUT

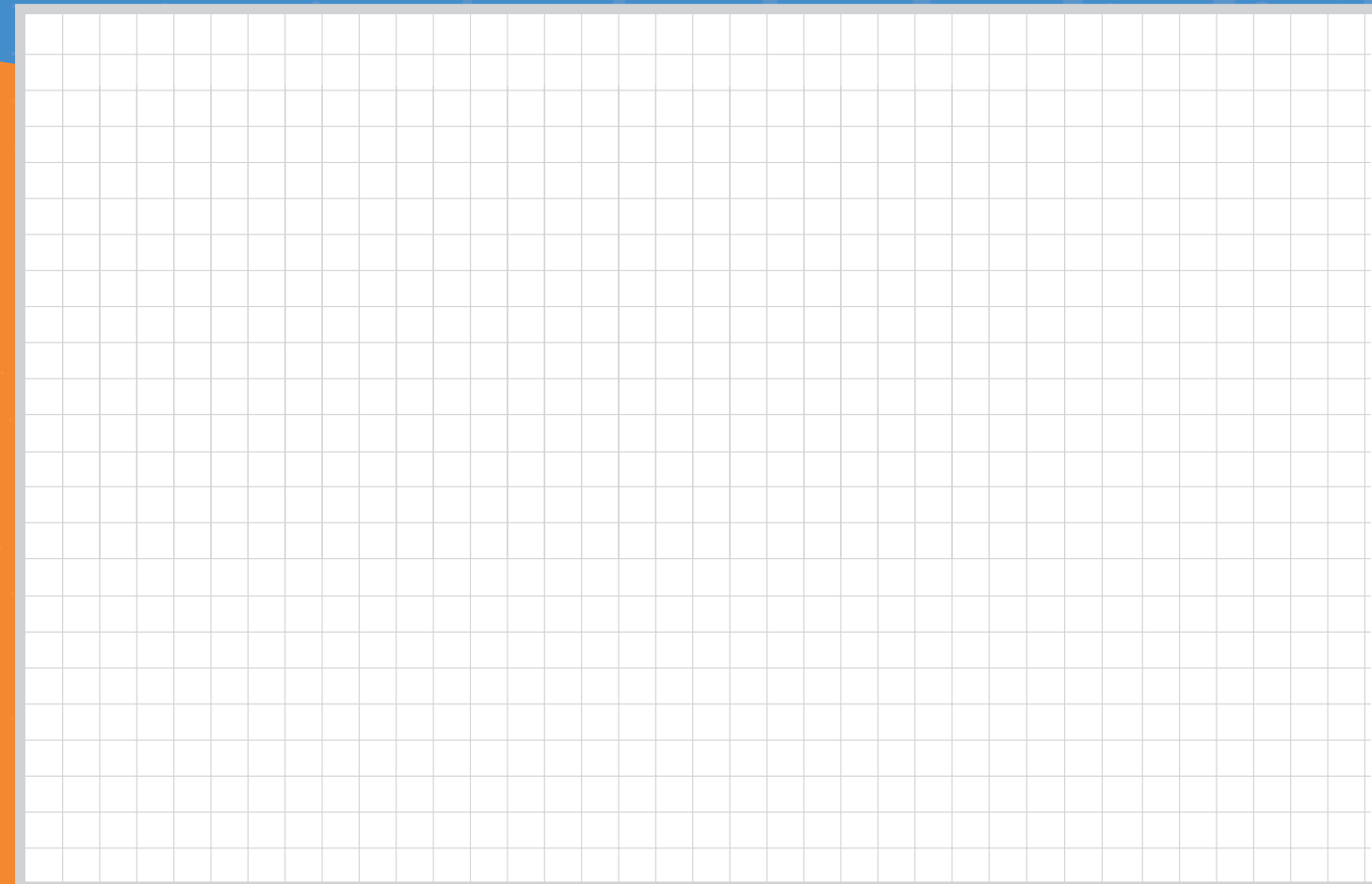
Use the grid below to draw a map of your home showing all doors and windows. Use arrows to show your escape routes. Show at least two ways out of every room. Include an outside meeting place (like a tree, light pole, or mailbox) a safe distance from your home where everyone can meet.

Mark all of the smoke alarms with a circle. Smoke alarms should be in every bedroom, outside each sleeping area, and on every level of your home.

Practice your escape plan at least twice a year by having a family fire drill. You can even have a drill at night so you know how to get out safely in the dark.

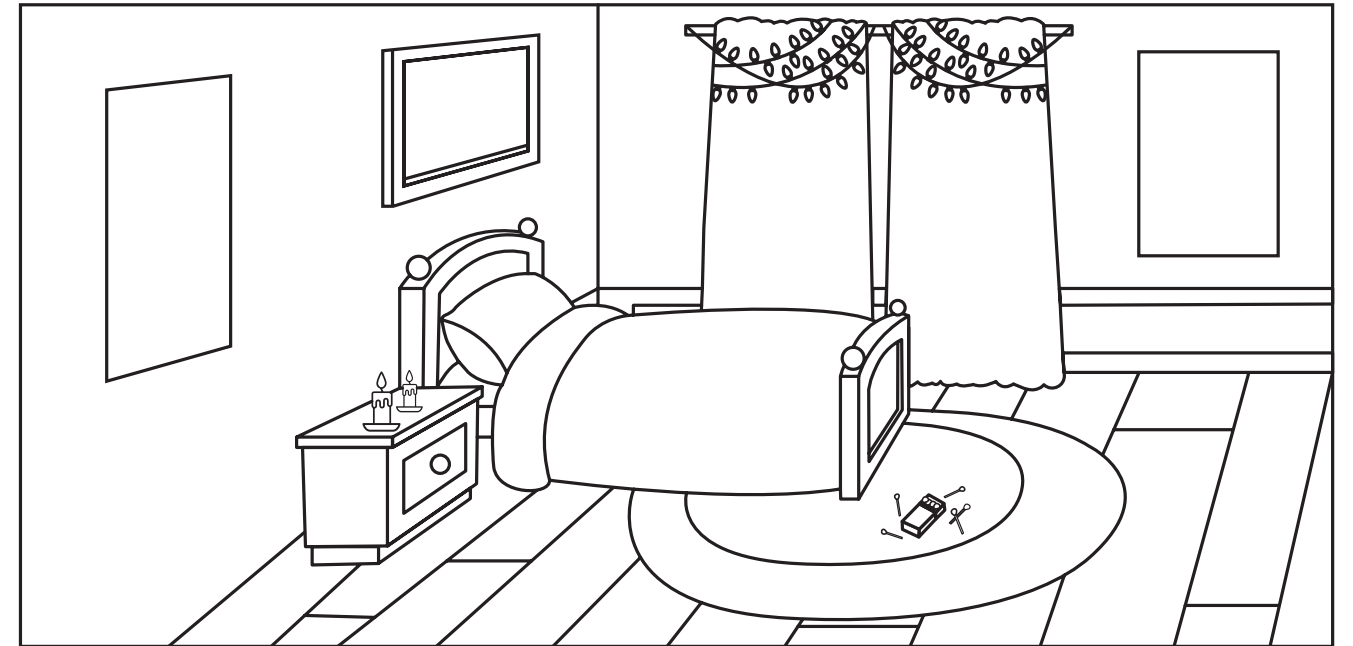


ACTIVITY

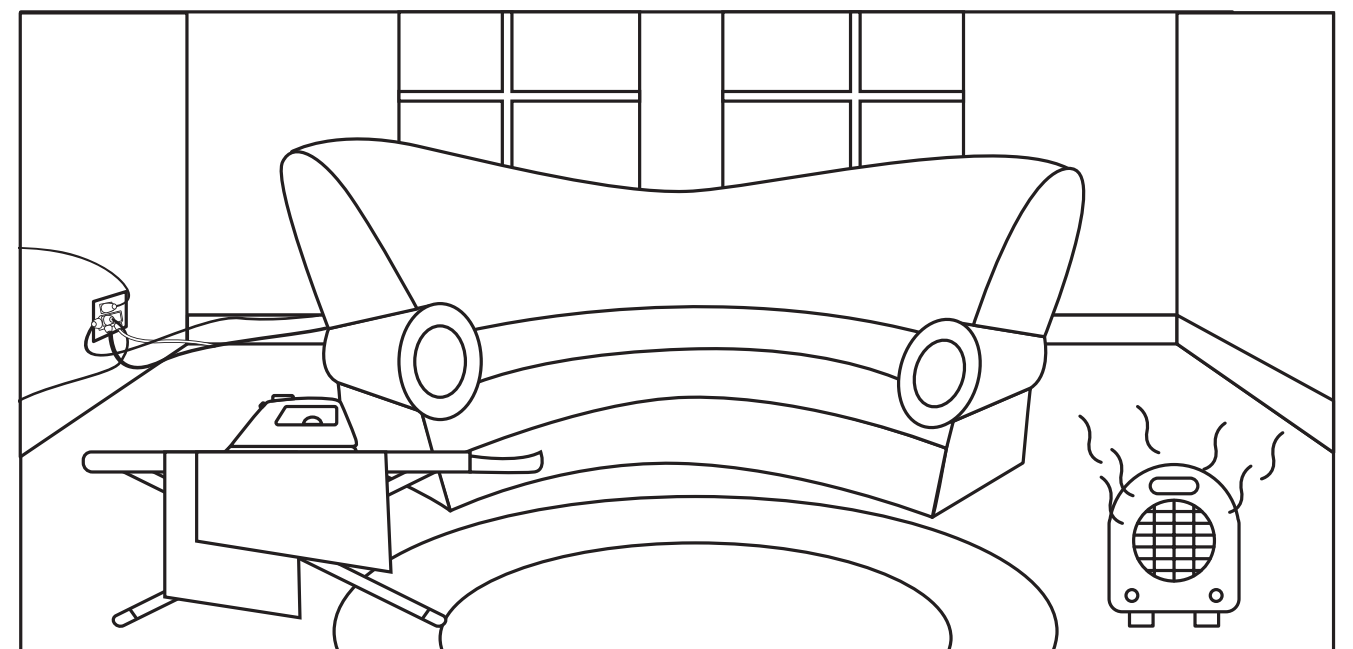


HOUSEHOLD HAZARDS

Circle and color **3** fire hazards in the bedroom.



Circle and color **3** fire hazards in the living room.



DON'T STALL, CALL 911



When there is an emergency, **DON'T STALL, CALL 911**, and give the operator your information. If there is a fire in your house, **DO NOT** call from your home. Get out and stay out! Once you are outside, **do NOT** go back in for anything. Go to your family's safe meeting place.

WHO Give the operator your first and last name.

WHAT Explain what is wrong and what type of help you need.

WHERE Know your full address and location.

DO NOT HANG UP UNTIL THE OPERATOR SAYS YOU CAN.

Write down your emergency information and put it somewhere easy to find like on the refrigerator. Practice remembering important information like your full name and home address.



Call 911 only if there is a life threatening emergency. Never call to practice, as a joke, or for any other nonemergency reason. Examples of emergencies are a fire, a medical emergency, a car accident, or stranger danger.

From a smartphone: Know how to find the keypad. If you do not know the passcode, call 9-1-1 by pressing the Emergency button.



DON'T PLAY WITH FIRE

If you find matches, lighters, candles, or other items that can start a fire, tell an adult. Do not pick it up yourself!

STOP, DROP, AND ROLL



STOP where you are.



DROP to the ground and cover your eyes and mouth with your hands.



ROLL over and over and back and forth until the flames are out.

STAY LOW AND GO

If you see or smell smoke or hear a smoke alarm, **STAY LOW AND GO!!** When you stay low to the ground and crawl, you can see and breathe better.

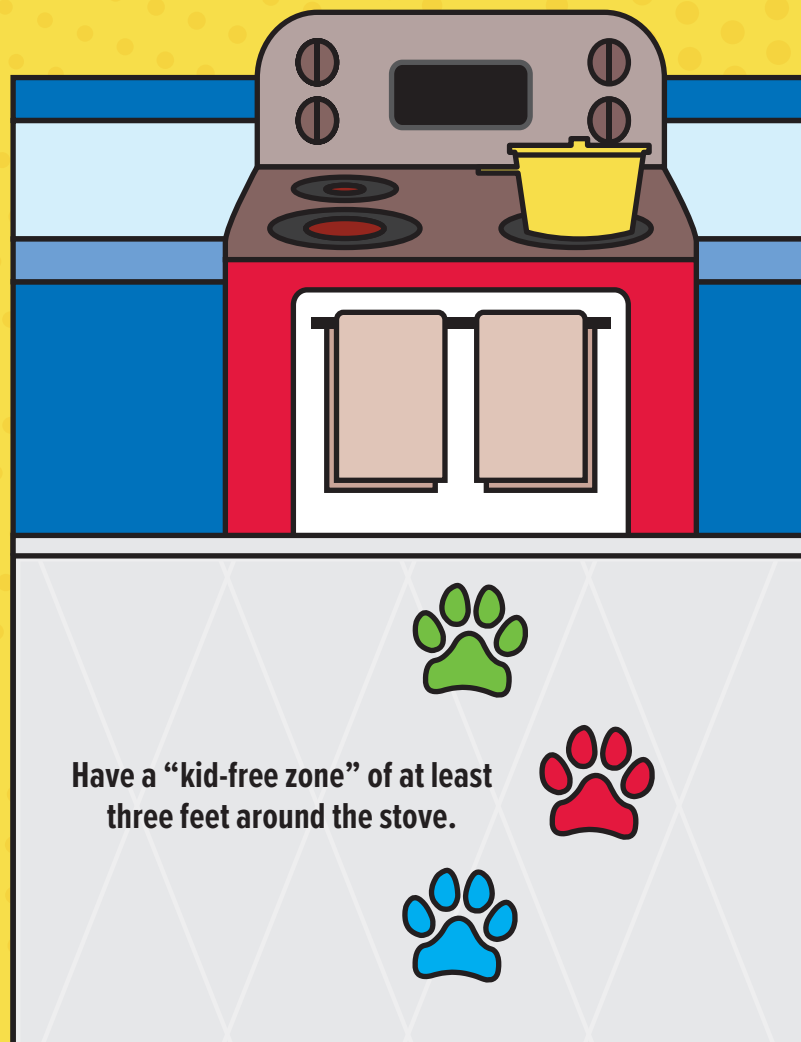


KITCHEN SAFETY

Cooking fires are the number one cause of home fires and injuries.

TIPS FOR GROWN UPS

- Stay in the kitchen while you are cooking. If you leave the kitchen, turn off the stove.
- Keep items, such as oven mitts, wooden utensils, towels, etc., away from the stovetop, as they can catch on fire.
- Keep a lid nearby to smother small grease fires. Smother the fire by sliding the lid over the pan.
- For an oven fire, turn off the oven and keep the door closed.
- Plug only one heat-producing appliance, such as a coffee maker, toaster, etc., into an outlet at a time.



BE A SAFE COOK

- Keep an eye on what you fry. Never leave the kitchen if you are frying or cooking food at a high temperature.
- Wear short sleeves or roll them up so they don't catch on fire.



BE PREPARED WHEN COOKING AND CREATE A SAFE WORKING AREA

- Ensure children and pets stay at least three feet away from a hot oven or stove.
- Inform children not to touch things that are hot or can get hot. Emphasize the message that touching something hot can hurt a lot, too.



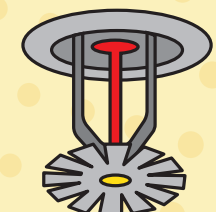
SCAVENGER HUNT ACTIVITY

There are many fire safety objects around your community that keep you safe. It is a good practice to notice these objects. Unscramble the letters to identify the object.



ERIF RTHANDY

--	--	--	--	--	--	--	--



IREF RESKPIRLN

--	--	--	--	--	--	--	--



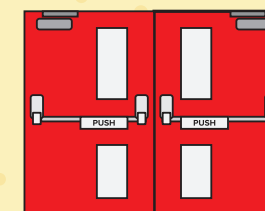
RIFE HEITGENXSIUR

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ULPL NOSTIAT

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ETXI RODSO

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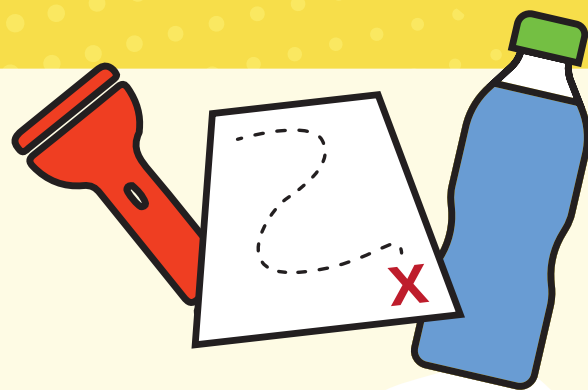


XTIE NGSI

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Answers found at www.honolulu.gov/hfd/ffsg

HIKING



Have a plan.

Inform someone where you are going and when you plan to return.

Kee a flashlight and whistle with you.

Eat well, stay hydrated, and carry plenty of water.

Stay on the trail.

Ask for help.

Familiarize yourself with the area; use a map.

Everyone should use sunblock and stay hydrated.

Stay away from dangerous coastlines.

Always be aware of your surroundings. Never turn your back to the ocean.

Follow hazard warning signs and lifeguard instructions for your safety.

Everyone should use sunblock and stay hydrated.



WILDLAND FIRE PREPAREDNESS



Create at least a 30-foot safety zone around the house by removing brush and other vegetation.

Store flammable materials safely away from the exterior of your home. If it can catch fire, do not let it touch your house.

Report suspicious activity you may have seen before, during, or after a fire.

Keep fire lanes and access points unobstructed to ensure fire apparatuses can reach your home.

Wildland fire can spread to tree tops. Prune trees so the lowest branches are six to ten feet from the ground.

Make and practice a family evacuation plan.



WORD SEARCH

ACTIVITY

Be sure to check up, down, left, and right.

H	C	P	F	S	T	A	T	I	O	N
Y	W	R	I	K	G	C	S	B	R	W
D	Z	E	R	I	A	H	C	V	E	Z
R	K	P	E	T	R	I	Q	B	L	G
A	X	A	F	C	A	E	D	L	K	C
N	O	R	I	H	G	F	C	E	N	A
T	B	E	G	E	E	T	R	H	I	P
A	L	T	H	N	Z	N	C	V	R	T
L	I	J	T	X	L	P	E	E	P	A
X	A	R	E	W	Q	I	I	H	S	I
F	M	D	R	S	A	F	E	T	Y	N

MEET

KUKUI



The Honolulu Fire Department has a new member, Kukui, who is an accelerant detection canine! Kukui is three-years-old and ready to join Kaimi, the Hawaii County Fire Department's arson detection canine, in sniffing out accelerants at fires.

Kukui trained for 200 hours to become an accelerant detection canine. After graduating, she made the long trip from New Hampshire to her new home in Honolulu.

Keep an eye out for our newest member!



TRAINING TIME



CAPTAIN
CHIEF

FIRE FIGHTER
STATION

HYDRANT
SAFETY

PREPARE
SPRINKLER

GARAGE
KITCHEN

Answers found at www.honolulu.gov/hfd/ffsg

JUNIOR FIRE FIGHTER

PLEDGE

I, _____ (print name)

will be a responsible Junior Fire Fighter and practice what I have learned in this Fire Fighter's Safety Guide with my family.

Junior Fire Fighter's Signature

PARENT CHECKLIST

- ☐ I reviewed this Fire Fighter's Safety Guide with my child by going to www.honolulu.gov/hfd/ffsg
 - ☐ We completed all activities in the guide as a family.
 - ☐ I completed the online survey at <https://surveymonkey.com/r/hawaiifiresafety>
-

Parent Signature

MAHALO TO OUR PARTNERS

Bay View Mini-Putt and Zipline
Big City Diner
Dole Plantation
Jack In the Box®
Jamba Juice

Kauai Kookie
Kualoa Ranch
McDonald's® Restaurants of Hawaii
Menhune Water Co.
Pizza Hut®, TD Food Group Inc.

7-Eleven® Hawaii Inc.
Samurai Brand
Taco Bell
Tanaka Saimin
Watanabe Floral

