

Grades K-2

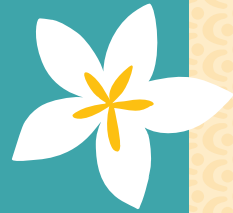


FIRE FIGHTER'S
**Safety
Guide**
2020

Inside:

Fire safety tips, fun activities,
create an escape plan, and more!





In this issue

A1 Hot Objects

A2 Kitchen Safety

A3 House Hazards

A4 Stop, Drop, and Roll!

A5 Don't Stall, Call 9-1-1!

A6 Smoke Alarms

A7 Stay Low and Go!

A8 Know Two Ways Out

A9 Knowledge Check

A10-A11 Home Escape Plan

Aloha, Junior Fire Fighter!

Many of us feel safest at home, but even at home, we must know how to be fire safe. Join me in completing the activities in this booklet to learn how to keep yourself and your home safe from fires.

Did you know that no fire fighter works alone? While we each have to do our part to stay safe, fire safety is better when we do it together! This year, I've brought along my friend and fellow fire fighter, Mana the Mongoose, to help teach you about keeping safe at home. Share what you learn with your ohana and let's stay safe as a team!

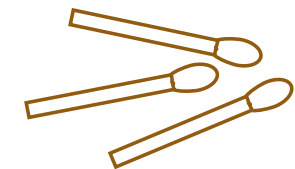
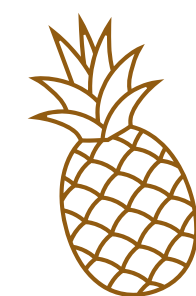
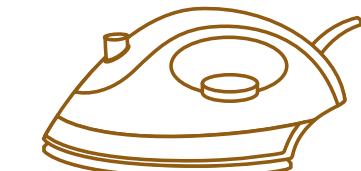
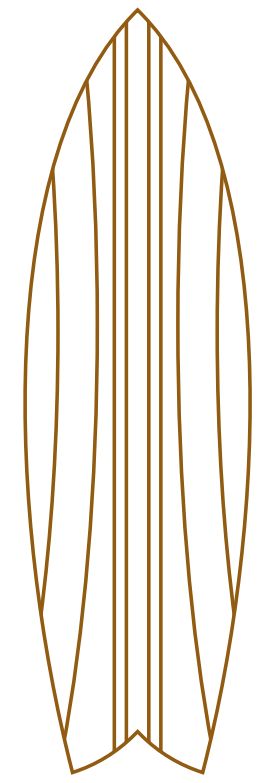
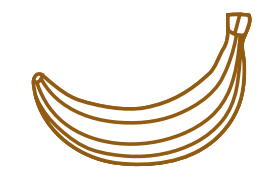
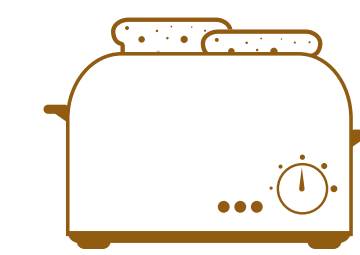
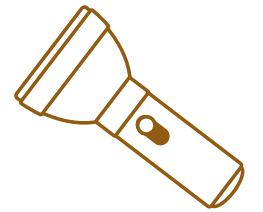
Poki

Read the **Message from the Hawaii State Fire Council (SFC)** in the Fire Fighter's Safety Guide for Grades 3-6 on the inside front cover.



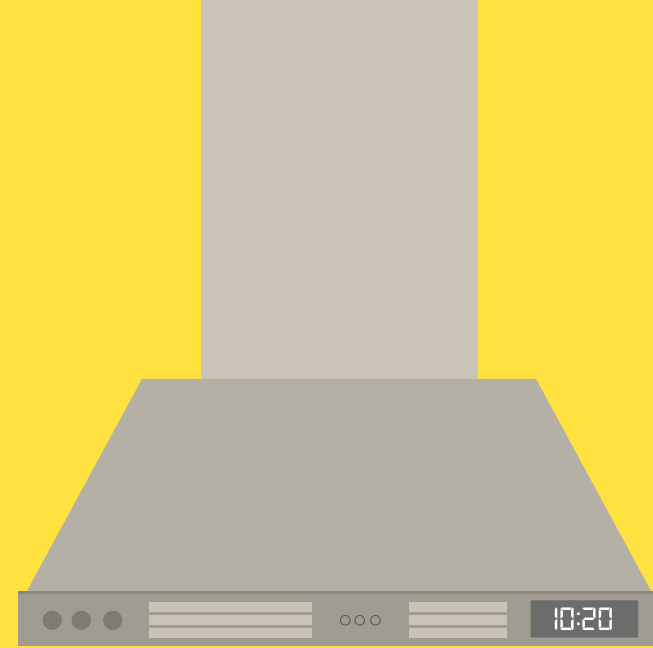
Hot Objects

There are many things inside our homes that are hot or heatable. These heated objects can cause serious burns, so it is important to identify things that can be hot or get hot. Stay away from anything that heats. If you are unsure, check with an adult.



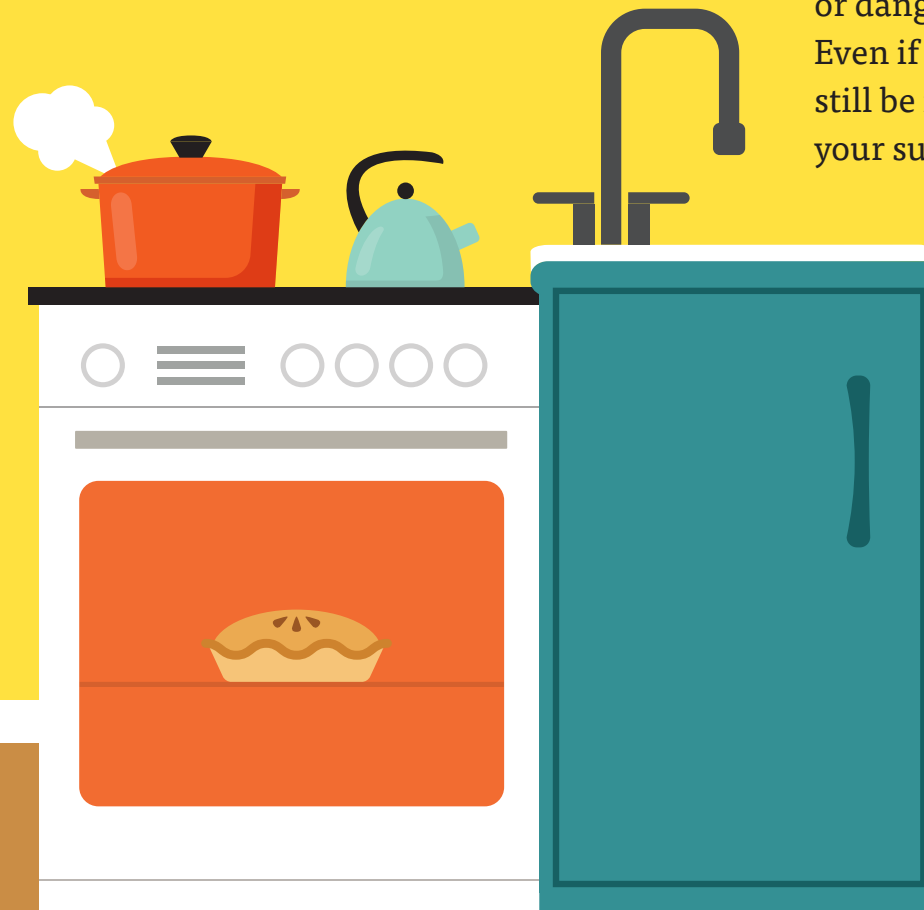
Kitchen Safety

The kitchen can be a dangerous place when adults are cooking. When children and adults work together, everyone is safer. Keep an eye open for things that can burn or injure someone. Toys, pets, and children should stay out of the kitchen and far away from the stove or oven. It's up to us to stay safe while in the kitchen.



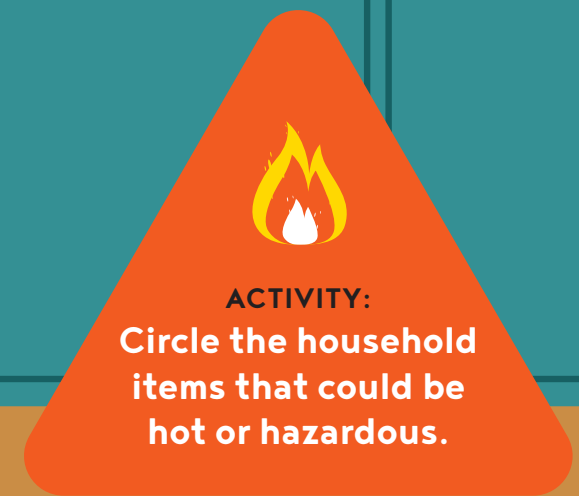
House Hazards

If you see an item that could become hot or dangerous, immediately tell an adult. Even if something is not hot, you could still be injured if you are not careful of your surroundings.



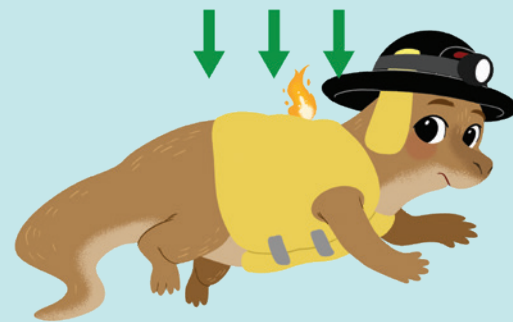
Tips for Adults

Stay in the kitchen while cooking. Be alert and maintain a three-foot child- and pet-free zone around the stove and oven.





Stop where you are.



Drop to the ground and cover your face.



Roll side to side until the flames are out.



Stop, Drop, and Roll!

If your clothes catch on fire, stop where you are and don't run!



**There is a fire!
It's an emergency.
Please help.**

Don't Stall, Call 9-1-1!

If there is a fire, leave the house first, then call 9-1-1. Stay calm and don't hang up until the operator says you can. **Never call 9-1-1 as a test.**



CUT OUT AND PLACE IN A SPOT WHERE YOU CAN ALWAYS SEE THE INFORMATION.



ACTIVITY: Fill in your important information below.

Before you call 9-1-1, know your **first and last name**, **home address**, or the **phone number of someone who takes care of you**, such as a grandparent, aunt, or uncle.

My first and last name is:

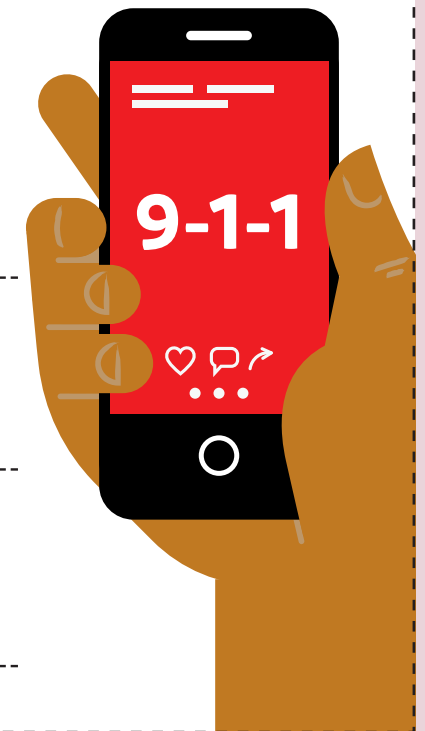
.....

My address is:

.....

My emergency phone number is:

.....



Smoke Alarms

Smoke alarms save lives. If there is a fire in your home, smoke will spread; therefore, you must have working smoke alarms to alert you and give you time to get out. Smoke alarms should be in every bedroom, outside each sleeping area, and on each level of the home.

How many bedrooms are in your home?

Does every floor and bedroom have a smoke alarm?

YES OR NO

Test each smoke alarm. Did it go BEEP-BEEP-BEEP?

YES OR NO



ACTIVITY:
Walk around your home with an adult and answer these questions.



Tips for Adults

Ensure that you test your smoke alarms every month, change the battery every year, and replace the unit every 10 years.

How many floors are in your home?



Stay Low and Go!

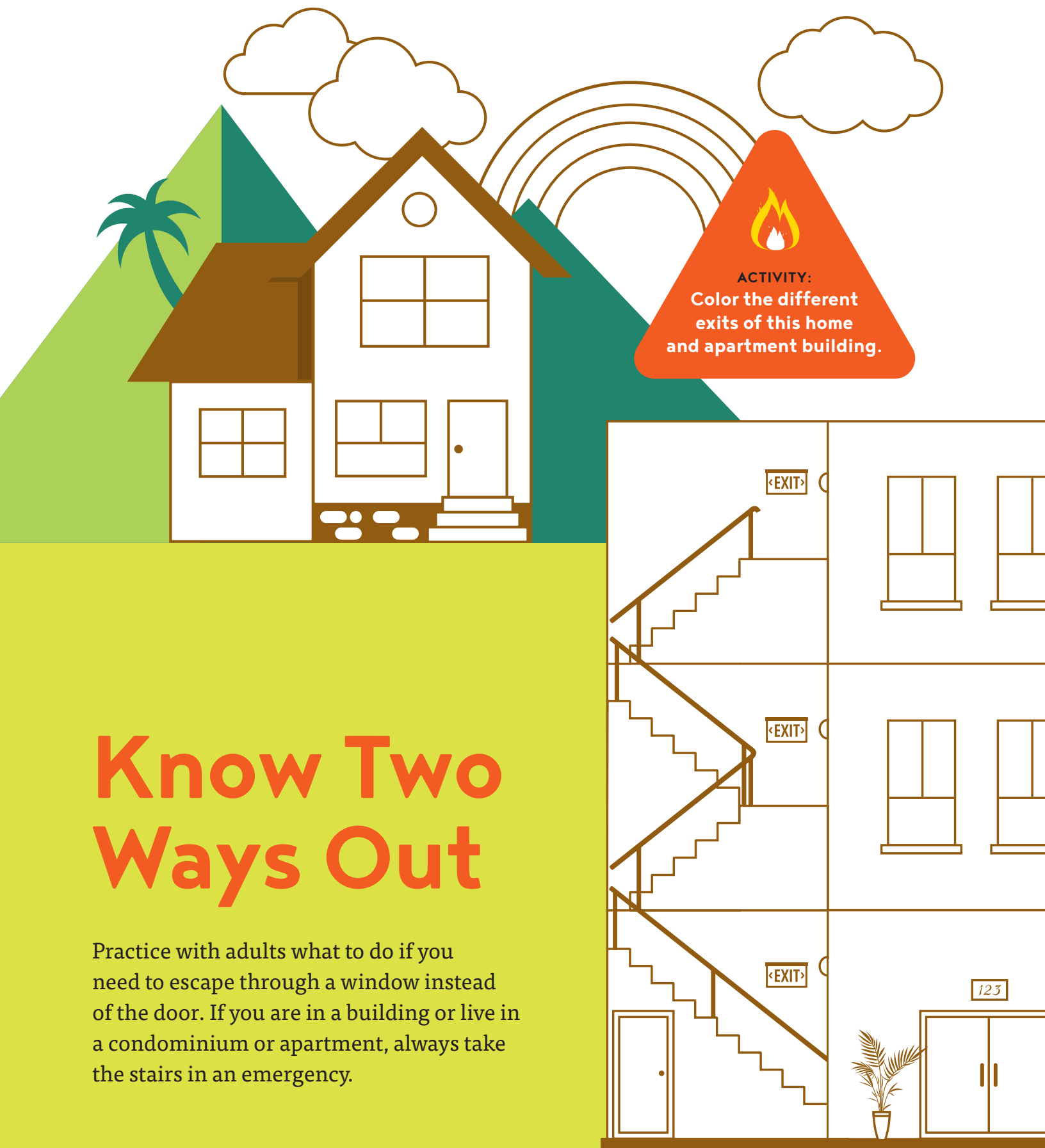
If you see or smell smoke or hear a smoke alarm, **STAY LOW AND GO!** When you stay low to the ground and crawl, you can see AND breathe better.

If you hear a smoke alarm, **GET OUT AND STAY OUT** using your home escape plan.



Know Two Ways Out

Practice with adults what to do if you need to escape through a window instead of the door. If you are in a building or live in a condominium or apartment, always take the stairs in an emergency.



Junior Fire Fighter Pledge Knowledge Check



- I can identify items that are hot.

- If my clothes catch on fire, I know how to STOP, DROP, and ROLL.

- I know what information to have when I call 9-1-1.

- I know to call 9-1-1 when there is an emergency, such as a fire or serious injury.

- I know the sound of a smoke alarm, and I know how to get outside safely.

- I know two ways out of a home or building.



Draw Your Home Escape Plan

1

Use the grid below to **draw a map of your home** showing all doors and windows.



2

As a family, decide on a safe meeting place (like a tree, light pole, or mailbox), which is a safe distance from your home where everyone can meet. **Draw it on your map.**



Draw Your Home Escape Plan

3

Draw your escape route from your bedroom to the safe meeting place.
In another color, show your alternate route.

4

Practice your escape plan at least twice a year by having a family fire drill. You can even have a drill at night so you know how to get out safely in the dark.